
2023 COMMUNITY HEALTH HESI EXAM – Version 2 (V2)

**ALL 55 QUESTIONS & ANSWERS –
Updated w/Next Gen Format**

A+ - TAKEN 1/30/23

****This serves as notice that you do not have permission to resell or redistribute my document.** Please feel free to DM me with any questions. Happy Studying!! 😊**

1 of 55

A 45-year-old client with no health problems receives a PPD **prior** to starting a new job at a day care center. Three days later the area has 10 mm induration. What instruction should the nurse give this client?

- ☒ A 'The test is negative, you can start your new job.'
- ☐ B 'The test is inconclusive; we need to schedule a chest x-ray.'
- ☐ C 'You probably had a tuberculosis infection in the past that healed spontaneously; you'll need treatment before you can start your job.'
- ☐ D 'Your test is positive; we need to start treatment immediately.'

2 of 55

The nurse develops a program to reduce the impact of metabolic syndrome for a community group. Which intervention is an example of tertiary prevention for this health problem?

- ☐ A Construction of cycle lanes throughout the town.
- ☐ B Yearly blood pressure, BMI and waist circumference measurements.
- ☐ C Community weight loss and exercise programs.
- ☒ D Opening of a multidisciplinary center that offers diabetes control, foot care and eye exams.

3 of 55

The nurse suspects that the vaccination rate in a community with a low socioeconomic status falls below the target rate set by the State Health Department. What **first** step should the nurse take to improve the vaccination rate in this community?

- ☒ A Assess vaccination status in medical records among primary care providers in the area.
- ☐ B Notify providers about the low vaccination rate and encourage them to take action.
- ☐ C Contact the US Department of Health and Human services (USDHHS) to obtain funding for a local awareness campaign.
- ☐ D Organize a meeting of local citizens to discuss the Vaccines for Children program, which provides vaccinations at no costs.

4 of 55

A 40-year-old Hawaiian female with recent vision changes has a BMI of 30. No other medical problems are identified. Which **additional** information would help identify this client's risk for future health problems?

- ☐ A Client's father has cataracts.
- ☐ B Client's grandmother died of breast cancer age 67.
- ☒ C Client's mother has diabetes.
- ☐ D Client's sister has a brain tumor.

5 of 55

The nurse has received funding to set up health screening programs for an urban health clinic. Which disease should the nurse include to ensure appropriate screening for African American clients?

- ☐ A Leukemia and lymphoma.
- ☐ B Osteoporosis.
- ☒ C Diabetes.
- ☐ D Chronic obstructive pulmonary disease.

6 of 55

The nurse is informed about plans to open a new day care center in the area. When asked for input, what should the nurse list as a potential concern about the building?

- ☐ A Located in a low-income neighborhood.
- ☒ B Constructed in 1965.
- ☐ C Located close to highway exit ramp.
- ☐ D Shares outdoor area with local preschool.