
2023 COMMUNITY HEALTH HESI EXAM – Version 2 (V2)

**ALL 55 QUESTIONS & ANSWERS –
Updated w/Next Gen Format**

A+ - TAKEN 1/30/23

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A 45-year-old client with no health problems receives a PPD **prior** to starting a new job at a day care center. Three days later the area has 10 mm induration. What instruction should the nurse give this client?

- A 'The test is negative, you can start your new job.'
- B 'The test is inconclusive; we need to schedule a chest x-ray.'
- C 'You probably had a tuberculosis infection in the past that healed spontaneously; you'll need treatment before you can start your job.'
- D 'Your test is positive; we need to start treatment immediately.'

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The nurse develops a program to reduce the impact of metabolic syndrome for a community group. Which intervention is an example of tertiary prevention for this health problem?

- A Construction of cycle lanes throughout the town.
- B Yearly blood pressure, BMI and waist circumference measurements.
- C Community weight loss and exercise programs.
- D Opening of a multidisciplinary center that offers diabetes control, foot care and eye exams.

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The nurse suspects that the vaccination rate in a community with a low socioeconomic status falls below the target rate set by the State Health Department. What **first** step should the nurse take to improve the vaccination rate in this community?

- A Assess vaccination status in medical records among primary care providers in the area.
- B Notify providers about the low vaccination rate and encourage them to take action.
- C Contact the US Department of Health and Human services (USDHHS) to obtain funding for a local awareness campaign.
- D Organize a meeting of local citizens to discuss the Vaccines for Children program, which provides vaccinations at no costs.

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A 40-year-old Hawaiian female with recent vision changes has a BMI of 30. No other medical problems are identified. Which **additional** information would help identify this client's risk for future health problems?

- A Client's father has cataracts.
- B Client's grandmother died of breast cancer age 67.
- C Client's mother has diabetes.
- D Client's sister has a brain tumor.

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The nurse has received funding to set up health screening programs for an urban health clinic. Which disease should the nurse include to ensure appropriate screening for African American clients?

- A Leukemia and lymphoma.
- B Osteoporosis.
- C Diabetes.
- D Chronic obstructive pulmonary disease.

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The nurse is informed about plans to open a new day care center in the area. When asked for input, what should the nurse list as a potential concern about the building?

- A Located in a low-income neighborhood.
- B Constructed in 1965.
- C Located close to highway exit ramp.
- D Shares outdoor area with local preschool.