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# 2023 Fundamentals

## Hesi Exit Exam:

## Version 2 (V2) Test

## Bank

(All 55 Q&A) Included

Guaranteed A++

**\*\*Scored 1219 on the exit exam\*\***

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1. A 65-year-old male patient with a history of COPD and hypertension presents to the clinic complaining of shortness of breath and chest pain. What community resources would you recommend for this patient?

Answer: Community resources for this patient could include pulmonary rehabilitation programs, smoking cessation resources, and support groups for COPD patients.

2. A pregnant patient presents to the clinic for routine prenatal care. What topics should be covered during the patient's prenatal education?

Answer: Prenatal education topics could include proper nutrition during pregnancy, warning signs of preterm labor, the importance of prenatal care visits, and preparation for childbirth.

3. A patient with diabetes has been noncompliant with their medication regimen and presents to the clinic with high blood sugar levels. How can you assist the patient in managing their diabetes?

Answer: Patient education on the importance of medication compliance, monitoring blood sugar levels, and lifestyle modifications such as a healthy diet and regular exercise can help the patient better manage their diabetes.

4. A patient is being discharged from the hospital after a surgical procedure. What community resources can be recommended to ensure proper recovery at home?

Answer: Community resources that can be recommended include home health care services, skilled nursing facilities, and transportation services for follow-up appointments.

5. A patient with a history of depression presents to the clinic complaining of increased feelings of sadness and hopelessness. What interventions can be implemented to assist the patient?

Answer: Interventions may include counseling services, referral to a mental health professional, and medication management.

6. A family with young children recently moved to a new neighborhood and is seeking information about local pediatricians. What resources can be recommended to help the family find the right healthcare provider?

Answer: Resources could include local parenting groups, online directories of healthcare providers, and recommendations from other parents in the community.

7. A patient presents to the clinic with a sexually transmitted infection (STI). What education should be provided to the patient regarding the prevention of STIs?

Answer: Education topics may include safe sex practices, condom use, and regular STI testing.