

AANP FNP CERTIFICATION EXAM STUDY GUIDE WITH QUESTIONS AND ANSWERS 2023

All diastolic murmurs are pathological. Murmurs Grades I-barely II-audible III- clearly audible. IV- first time thrill V-Steth edge VI-entire steth. EXAM

III first time audible, IV first time thrill

Fundal height 12 weeks

Fundal Height 12 weeks above symphysis pubis. EXAM

Fundus 16 weeks between symphysis pubis and umbilicus.

Fundus at 20 weeks is at umbilicus.

2 cm more or less from # of wk gestation is normal if more or less order US

3 month old infant with down syndrome, due to milk intolerance, mom started on goats milk; now has pale conjunctiva but otherwise healthy. Low HCT. What additional test would you order?

Iron, TIBC

3 months of synthroid, TSH increased, T4 normal, what do you do?

Increase Medication

3 ways to assess cognitive function in patient with signs/symptoms of memory loss

Mini mental exam

4 month old with strabismus, mom is worried.....

tell her it is normal.

4 month old wont keep anything down, what is the main thing you look at?

Growth chart

6 month old closed anterior fontanel.

XRAY

Abnormal cells on PAP, what do you do next?

Refer for Colposcopy

CAGE ACRONYM

Cut down

Annoyed by criticism

Guilty about drinking

Eye opener drink

Causes of tachycardia

Fever

Anemia

Hypotension

Cranial nerves responsible for extraocular eye movements

CN 3,4,6

Definition of metabolic syndrome

cluster of conditions that increase risk of heart disease, stroke, diabetes.

diagnose trichomoniasis

wet prep

Elderly presents with atrophic vaginitis, small uterus, palpable 4x5 ovary, what do you do next?

Pelvic US

Epistaxis is most common in the area of the nose known as Kiesselbach's triangle, where is this located?

Anterior septum

Definitive diagnosis of acute bacterial prostatitis

urinalysis and culture

GERD treatment

H2 is first line, give hs

Grade 3 cells on Pap, treatment?

LEEP

excision

Fingernail hematoma treatment?

drill hole and drain blood?

Increased risk of ectopic pregnancy

Salpingitis, or history of abortion, PID,

Koplick spots

Measles (rubeola). Grains of salt lesions inside mouth in Measles

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Legg-Calve-Perthes Disease

Avascular necrosis of the proximal femoral head

Lipid level of 1500, increased risk for?

Pancreatitis

Low HGB, Low HCT, High MCV indicates what?

Macrocytic anemia, B12 Def

Man with BPH, prostate feels on digital exam?

Enlarged, symmetrical, smooth

Man with HTN, CAD, present femoral pulses but absent pedal

Arterial Insufficiency

McMurray's Sign

(+) palpable or audible click while extending with varus stress

Meniscus tears

Lachman's Test

learnexams

pivot shift test (ACL tear)

Newborn with foot turned in, what do you do?

refer to orthopedist

Osgood-Schlatter disease

Knee pain.

inflammation or irritation of the tibia at its point of attachment with the patellar tendon

Patient forgot to start Thanksgiving dinner and husband states she has trouble remembering tasks and trouble with organization. What is this indicative of?

Alzheimer's

Pt has Barretts Esophagus, insurance no longer covers GI who was treating condition. Pt at FNP office wanting refill prescriptions. What do you do?

Refer to oncologist

Pt presents with rash on shoulder, erythematous maculopapular rash with center clearing and scaling?