

AANP FNP certification Questions with Answers 2023

All diastolic murmurs are pathological. Murmurs Grades I-barely II-audible III- clearly audible. IV- first time thrill V-Steth edge VI-entire steth. EXAM - Answer - III first time audible, IV first time thrill

Fundal height 12 weeks - Answer - Fundal Height 12 weeks above symphysis pubis. EXAM

Fundus 16 weeks between symphysis pubis and umbilicus. Fundus at 20 weeks is at umbilicus. 2 cm more or less from # of wk gestation is normal if more or less order US

3 month old infant with down syndrome, due to milk intolerance, mom started on goats milk; now has pale conjunctiva but otherwise healthy. Low HCT. What additional test would you order? - Answer - Iron, TIBC

3 months of synthroid, TSH increased, T4 normal, what do you do? - Answer - Increase Medication

3 ways to assess cognitive function in patient with signs/symptoms of memory loss - Answer - Mini mental exam

4 month old with strabismus, mom is worried ... - Answer - tell her it is normal.

4 month old wont keep anything down, what is the main thing you look at? - Answer - Growth chart

6 month old closed anterior fontanel. - Answer - XRAY

Abnormal cells on PAP, what do you do next? - Answer - Refer for Colposcopy

CAGE ACRONYM - Answer - Cut down
Annoyed by criticism
Guilty about
drinking Eye opener
drink

Causes of tachycardia - Answer - Fever
Anemia
Hypotension

Cranial nerves responsible for extraocular eye movements - Answer - CN 3,4,6

Definition of metabolic syndrome - Answer - cluster of conditions that increase risk of heart disease, stroke, diabetes.

diagnose trichomoniasis - Answer - wet prep

Elderly presents with atrophic vaginitis, small uterus, palpable 4x5 ovary, what do you do next? - Answer - Pelvic US

Epistaxis is most common in the area of the nose known as Kiesselbach's triangle, where is this located? - Answer - Anterior septum

Definitive diagnosis of acute bacterial prostatitis - Answer - urinalysis and culture

GERD treatment - Answer - H2 is first line, give H2

Grade 3 cells on Pap, treatment? - Answer - LEEP excision

Fingernail hematoma treatment? - Answer - drill hole and drain blood?

Increased risk of ectopic pregnancy - Answer - Salpingitis, or history of abortion, PID,

Koplik spots - Answer - Measles (rubeola). Grains of salt lesions inside mouth in Measles

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Legg-Calve-Perthes Disease - Answer - Avascular necrosis of the proximal femoral head

Lipid level of 1500, increased risk for? - Answer - Pancreatitis

Low HGB, Low HCT, High MCV indicates what? - Answer - Macrocytic anemia, B12 Def

Man with BPH, prostate feels on digital exam? - Answer - Enlarged, symmetrical, smooth

Man with HTN, CAD, present femoral pulses but absent pedal - Answer - Arterial Insufficiency

McMurray's Sign

(+) palpable or audible click while extending with varus stress - Answer - Meniscus tears

Lachman's Test - Answer - pivot shift test (ACL tear)

Newborn with foot turned in, what do you do? - Answer - refer to orthopedist

Osgood-Schlatter disease - Answer - Knee pain.
inflammation or irritation of the tibia at its point of attachment with the patellar tendon

Patient forgot to start Thanksgiving dinner and husband states she has trouble remembering tasks and trouble with organization. What is this indicative of? - Answer - Alzheimer's

Pt has Barretts Esophagus, insurance no longer covers GI who was treating condition. Pt at FNP office wanting refill prescriptions. What do you do? - Answer - Refer to oncologist

Pt presents with rash on shoulder, erythematous maculopapular rash with center clearing and scaling? - Answer - Tinea Corporis

Pt presents with "bag of worms:", indicates? - Answer - Varicocele

Pt with atopic dermatitis, look for what other diseases? - Answer - Asthma

Pt with bleeding after menopause - Answer - endometrial biopsy, need to screen for cancer

Pt with hx of PID, increased risk for? - Answer - Infertility

Pt with HIV took high potency anti viral treatments and CD4 is >400, what does this indicate? - Answer - This is good. Want higher than 350

Pt with hx of htn and stroke, now having memory loss. What does this indicate? - Answer - Vascular dementia

Pregnant teacher with exposure to 5th disease (SLAP CHEEK), what risk is there to the fetus? - Answer - slap cheek, PVB19, rash hands / feet Fetal death and birth defects

Quick assessment of patients fall risk? Timed Get up and Go - Answer - Timed Get up and Go

Red beefy tongue? - Answer - pernicious anemia

Rotator cuff injury presentation - Answer - disturbs sleep, arm weakness, dull ache

Shingles near eye - Answer - immediate referral to ophthalmology

Signs and symptoms of Roseola (6th disease) ? - Answer - Viral infection
Can result in a maculopapular rash, but up to 70% of cases proceed without the rash stage

-Usually accompanied by a high fever (41°C or 105°F) that comes on quickly and lasts up to 3 days followed by rash