

AANP FNP Certification Exam

All diastolic murmurs are pathological. Murmurs Grades I-barely II-audible III- clearly audible. IV- first time thrill V-Steth edge VI-entire steth. EXAM

Correct answer- III first time audible, IV first time thrill

Fundal height 12 weeks

Correct answer- Fundal Height 12 weeks above symphysis pubis. EXAM

Fundus 16 weeks between symphysis pubis and umbilicus.

Fundus at 20 weeks is at umbilicus.

2 cm more or less from # of wk gestation is normal if more or less order US

3 month old infant with down syndrome, due to milk intolerance, mom started on goats milk; now has pale conjunctiva but otherwise healthy. Low HCT. What additional test would you order?

Correct answer- Iron, TIBC

3 months of synthroid, TSH increased, T4 normal, what do you do?

Correct answer- Increase Medication

3 ways to assess cognitive function in patient with signs/symptoms of memory loss

Correct answer- Mini mental exam

4 month old with strabismus, mom is worried.....

Correct answer- tell her it is normal.

4 month old wont keep anything down, what is the main thing you look at?

Correct answer- Growth chart

6 month old closed anterior fontanel.

Correct answer- XRAY

Abnormal cells on PAP, what do you do next?

Correct answer- Refer for Colposcopy

CAGE ACRONYM

Correct answer- Cut down

Annoyed by criticism

Guilty about drinking

Eye opener drink

Causes of tachycardia

Correct answer- Fever

Anemia
Hypotension

Cranial nerves responsible for extraocular eye movements
Correct answer- CN 3,4,6

Definition of metabolic syndrome
Correct answer- cluster of conditions that increase risk of heart disease, stroke, diabetes.

diagnose trichomoniasis
Correct answer- wet prep

Elderly presents with atrophic vaginitis, small uterus, palpable 4x5 ovary, what do you do next?
Correct answer- Pelvic US

Epistaxis is most common in the area of the nose known as Kiesselbach's triangle, where is this located?
Correct answer- Anterior septum

Definitive diagnosis of acute bacterial prostatitis
Correct answer- urinalysis and culture

GERD treatment
Correct answer- H2 is first line, give H₂

Grade 3 cells on Pap, treatment?
Correct answer- LEEP excision

Fingernail hematoma treatment?
Correct answer- drill hole and drain blood?

Increased risk of ectopic pregnancy
Correct answer- Salpingitis, or history of abortion, PID,

Koplik spots
Correct answer- Measles (rubeola). Grains of salt lesions inside mouth in Measles

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Legg-Calve-Perthes Disease
Correct answer- Avascular necrosis of the proximal femoral head

Lipid level of 1500, increased risk for?
Correct answer- Pancreatitis

Low HGB, Low HCT, High MCV indicates what?
Correct answer- Macrocytic anemia, B12 Def

Man with BPH, prostate feels on digital exam?
Correct answer- Enlarged, symmetrical, smooth

Man with HTN, CAD, present femoral pulses but absent pedal
Correct answer- Arterial Insufficiency

McMurray's Sign
(+) palpable or audible click while extending with varus stress
Correct answer- Meniscus tears

Lachman's Test
Correct answer- pivot shift test (ACL tear)

Newborn with foot turned in, what do you do?
Correct answer- refer to orthopedist

Osgood-Schlatter disease
Correct answer- Knee pain.
inflammation or irritation of the tibia at its point of attachment with the patellar tendon

Patient forgot to start Thanksgiving dinner and husband states she has trouble remembering tasks and trouble with organization. What is this indicative of?
Correct answer- Alzheimer's

Pt has Barretts Esophagus, insurance no longer covers GI who was treating condition.
Pt at FNP office wanting refill prescriptions. What do you do?
Correct answer- Refer to oncologist

Pt presents with rash on shoulder, erythematous maculopapular rash with center clearing and scaling?
Correct answer- Tinea Corporis

Pt presents with "bag of worms", indicates?
Correct answer- Varicocele

Pt with atopic dermatitis, look for what other diseases?
Correct answer- Asthma

Pt with bleeding after menopause