

AANP FNP certification 2022/ 2023

All diastolic murmurs are pathological. Murmurs Grades I-barely II-audible III-clearly audible. IV- first time thrill V-Steth edge VI-entire steth. EXAM - ANS III first time audible, IV first time thrill

Fundal height 12 weeks - ANS Fundal Height 12 weeks above symphysis pubis.
EXAM

Fundus 16 weeks between symphysis pubis and umbilicus.

Fundus at 20 weeks is at umbilicus.

2 cm more or less from # of wk gestation is normal if more or less order US

3 month old infant with down syndrome, due to milk intolerance, mom started on goats milk; now has pale conjunctiva but otherwise healthy. Low HCT. What additional test would you order? - ANS Iron, TIBC

3 months of synthroid, TSH increased, T4 normal, what do you do? - ANS

Increase Medication

3 ways to assess cognitive function in patient with signs/symptoms of memory loss - ANS Mini mental exam

4 month old with strabismus, mom is worried..... - ANS tell her it is normal.

4 month old wont keep anything down, what is the main thing you look at? - ANS

Growth chart

6 month old closed anterior fontanel. - ANS XRAY

Abnormal cells on PAP, what do you do next? - ANS Refer for Colposcopy

CAGE ACRONYM - ANS Cut down

Annoyed by criticism

Guilty about drinking

Eye opener drink

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Causes of tachycardia - ANS Fever

Anemia

Hypotension

Cranial nerves responsible for extraocular eye movements - ANS CN 3,4,6

Definition of metabolic syndrome - ANS cluster of conditions that increase risk of heart disease, stroke, diabetes.

diagnose trichomoniasis - ANS wet prep

Elderly presents with atrophic vaginitis, small uterus, palpable 4x5 ovary, what do you do next? - ANS Pelvic US

Epistaxis is most common in the area of the nose known as Kiesselbach's triangle, where is this located? - ANS Anterior septum

Definitive diagnosis of acute bacterial prostatitis - ANS urinalysis and culture

GERD treatment - ANS H2 is first line, give H2

Grade 3 cells on Pap, treatment? - ANS LEEP excision

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Fingernail hematoma treatment? - ANS drill hole and drain blood?

Increased risk of ectopic pregnancy - ANS Salpingitis, or history of abortion, PID,

Koplik spots - ANS Measles (rubeola). Grains of salt lesions inside mouth in Measles

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Legg-Calve-Perthes Disease - ANS Avascular necrosis of the proximal femoral head

Lipid level of 1500, increased risk for? - ANS Pancreatitis

Low HGB, Low HCT, High MCV indicates what? - ANS Macrocytic anemia, B12 Def

Man with BPH, prostate feels on digital exam? - ANS Enlarged, symmetrical, smooth

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Man with HTN, CAD, present femoral pulses but absent pedal - ANS Arterial Insufficiency

McMurray's Sign

(+) palpable or audible click while extending with varus stress - ANS Meniscus tears

Lachman's Test - ANS pivot shift test (ACL tear)