

ABIM IM BOARDS ITE EXAM LATEST VERSION 2023-2024 ACTUAL EXAM 180 QUESTIONS AND CORRECT DETAILED ANSWERS WITH RATIONALES|ALREADY GRADED A+

PAP smear screening - ANSWER- women 21-65 , every 3 years. In women 30 - 65, every 5 years if combined with HPV testing

Indications for high intensity statin - ANSWER- Age 40 - 75 with diabetes and an LDL of 70 - 189, and 10 years >7.5% ASCVD risk

men with low or low-normal testosterone level should have a repeat confirmatory morning testosterone prior to beginning testosterone treatment - ANSWER-

severe vasomotor symptoms in postmenopausal women are best treated with - ANSWER- systemic hormonal therapy;- oral estradiol-progestin combo

test to be performed in all patients with syncope - ANSWER- EKG

Panic disorder treatment - ANSWER- SSRI (sertraline), SNRI, TCAs, MAOi

Trichomoniasis treatment - ANSWER- **single dose of metronidazole 2g, and treat partner**

Treatment of vasomotor symptoms in postmenopausal women without a uterus - ANSWER- **Transdermal or oral Estradiol only (no need for progestin as they have no uterus)**

Statins, ACE-i/ARB are teratogenic - ANSWER- **discontinue in pregnant women**

Indications for pharmacologic weight loss treatment - ANSWER- **BMI greater than 30, or BMI greater than 27 with obesity associated complications**

Indications for BRCA gene testin - ANSWER- **1. Bilateral breast cancer 2. presence of both breast and ovarian cancer 3. breast cancer before the age of 50 4. Ashkenazi Jews 5. multiple family members with breast cancer 6. 1 or more family males with breast cancer**

If high risk found, **FIRST** offer genetic counselling **BEFORE** testing for BRCA

Individualized exercise program helps prevent falls in - ANSWER- **COGNITIVELY INTACT, community dwelling adults. Does not work for cognitively impaired adults.**

influenza vaccine for patient's with egg allergy (Rash/hives) -

ANSWER- **Inactivated influenza vaccine**

indications for influenza vaccine - ANSWER- **age 6 months and older**

Indication for recombinant influenza vaccine - ANSWER- **Ppl with severe allergy/anaphylaxis to eggs**

Top pharmacologic treatment for smoking cessation - ANSWER-

Varenicycline (better than Bupropion and nicotine patch).

Varenicycline NOT more effective than combination nicotine replacement (e.g short acting nicotine+long acting nicotine replacement, like nicotine spray+nicotine patch)

breast cancer screening modality for women with high breast density -

ANSWER- **digital mamography (MRI Breast and US breast have low validity)**

Morphine should be avoided in renal failure. Alternative pain

medications is - ANSWER- **Dilaudid, which is metabolized in the liver.**

when a vaccine series is interrupted,it is best to resume than restart -

ANSWER- ...

HIV screening age - ANSWER- **All adults, 15-65. Test detects HIV ab and p24 antigen. ELISA is no longer used in screening**