

ANCC FNP EXAM LATEST 2023-2024 REAL EXAM 120 QUESTIONS AND DETAILED ANSWERS|ALREADY GRADED A+

A 45-year-old patient who is an opera singer reports progressive hoarseness for the last four weeks. The hoarseness began after a three-hour opera performance. The patient does not smoke and reports no weight loss, upper respiratory infection, dysphagia, or shortness of breath. The family nurse practitioner manages this patient by:

1. ordering a computed tomography scan of the head.
2. ordering an immediate lateral neck x-ray.
3. prescribing systemic antibiotics and cool mist inhalations.
4. **requesting a referral for evaluation of the larynx.** - ANSWER- 4. requesting a referral for evaluation of the larynx.

Routine immunization guidelines recommend administering the hepatitis B vaccine at birth and repeating doses at:

1. **one month and six months.**
2. one month and two months.
3. four months and two years.
4. six months and 12 months. - ANSWER- 1. one month and six months.

A patient who sustained a myocardial infarction comes to the clinic for a refill of atorvastatin (Lipitor). The family nurse practitioner explains that the medication is prescribed for:

1. cancer prevention.
2. primary prevention.
3. secondary prevention.
4. **tertiary prevention.** - ANSWER- 4. tertiary prevention.

Which health promotion strategy is most appropriate for adolescents who are obese?

1. individual-based behavior modification.
2. **Motivational interviewing.**
3. Parents should regulate meals.
4. Presenting video case studies. - ANSWER- 2. Motivational interviewing.

Treatment of viral conjunctivitis includes the use of:

1. antihistamine/decongestant drops.

2. antihistamine/mast cell stabilizer drops.
3. cold compresses.
4. steroid eyedrops. - ANSWER- 3. cold compresses.

A 60-year-old patient with diabetes has a blood pressure reading of 150/96 mmHg. After three months of increased exercise and decreased calories, the patient has lost 10 lb (4.54 kg). The patient's follow-up blood pressure is 142/94 mmHg. Which medication does the family nurse practitioner prescribe?

1. Enalapril (Vasotec).
2. Furosemide (Lasix).
3. Hydrochlorothiazide (HydroDIURIL).
4. Propranolol (Inderal). - ANSWER- 1. Enalapril (Vasotec).

A family nurse practitioner advises a nursing mother who has postpartum mastitis to take antibiotics as prescribed and:

1. continue to nurse with both breasts.
2. pump the unaffected breast with a lactation pump.
3. take cool showers.
4. temporarily switch to formula. - ANSWER- continue to nurse with both breasts.

A patient who had a total gastrectomy one year ago complains of a sore mouth, indigestion, and tingling in the lower extremities. Which test is ordered by the family nurse practitioner?

1. Blood urea nitrogen level.
2. Complete blood count.
3. Liver function study.
4. Thyroid function study. - ANSWER- 2. Complete blood count.

A 42-year-old patient with epistaxis, dilated pupils, tachycardia, and mild euphoria shows symptoms associated with the use of:

1. benzodiazepine (Alprazolam).
2. cocaine.
3. morphine (MS Contin).
4. oxycodone (OxyContin). - ANSWER- 2. cocaine.

A 40-year-old patient has had a generalized, nonpruritic skin eruption with intermittent exacerbations over the past 10 years. Currently, a well-circumscribed erythematous plaque appears over the patient's left gluteal fold area. The lesion is covered with scales and has some fissuring. The family nurse practitioner makes a diagnosis of:

1. atopic dermatitis.
2. ichthyosis.
3. psoriasis.
4. tinea corporis. - ANSWER- 3. psoriasis.

During cardiac auscultation, a soft first heart sound with a holosystolic apical murmur that radiates to the left axilla suggests:

1. aortic stenosis.
2. mitral regurgitation.
3. mitral stenosis.
4. mitral valve prolapse. - ANSWER- mitral regurgitation.

A 68-year-old male patient reports an unintended weight loss of 15 lbs (6.8 kgs) over the last two months. The patient states that he feels well. His problem list includes depression, tobacco use, hyperglycemia, obesity, and dyslipidemia. The patient's medications are sertraline (Zoloft), metformin (Glucophage), simvastatin (Zocor), and famotidine (Pepcid). The family nurse practitioner initiates which three interventions?

Decreasing the statin medication.

Increasing the Glucophage dose.

Evaluating medication side effect profile.

Ordering a thyroid-stimulating hormone level test.

Performing a depression screening. - ANSWER- Ordering a thyroid-stimulating hormone level test.

Performing a depression screening.

Evaluating medication side effect profile.

To determine whether sufficient evidence exists to prescribe glucosamine for a patient who has osteoarthritis (OA) of the knee, the family nurse practitioner reviews three article summaries. Place the article summaries in sequential order of strength of evidence from strongest to weakest:

1. Investigators conducted a retrospective review of 1000 charts of patients who were diagnosed with OA and had glucosamine on their medication list. The investigators assessed the pain rating scale at the time the glucosamine was prescribed and compared this score with the pain rating scale three months after the medication had been prescribed. They also reviewed the progress notes and included only patients for whom clinicians stated in the note that the patient took the medication regularly.
2. Investigators randomly assigned a group of 1600 patients with OA of the knee to receive either a placebo or glucosamine for six months. The goal was to determine