

# ATI COMMUNITY HEALTH PROCTORED EXAM

A nurse is teaching patients about health care information. Which patient will the nurse assess closely for health literacy?

- a. A patient 35 years old
- b. A patient 68 years old
- c. A patient with a college degree
- d. A patient with a high-school diploma

**CORRECT ANSWER:** B

About 9 out of 10 people in the United States experience challenges in using health care information. Patients who are especially vulnerable are the elderly (age 65+), immigrants, persons with low incomes, persons who do not have a high-school diploma or GED, and persons with chronic mental and/or physical health conditions. A 35-year-old patient and patients with high-school and college education are not identified in the vulnerable populations.

A nurse works at a hospital that uses equity-focused quality improvement. Which strategy is the hospital using?

- a. Document staff satisfaction.
- b. Focus on the family.
- c. Implement change on a grand scale.
- d. Reduce disparities.

**CORRECT ANSWER:** D

Organizations can implement equity-focused quality improvement by recognizing disparities and committing to reducing them. Staff diversity is a priority for equity-focused quality improvement, not staff satisfaction. While the family is important, the focus is on the patients. Organizations should start by implementing a change

on a small scale (pilot testing), learning from each test, and refining the intervention through performance improvement cycles (e.g., plan, do, study, and act).

A nurse is providing care to a culturally diverse population. Which action indicates the nurse is successful in the role of providing culturally congruent care?

- a. Provides care that fits the patient's valued life patterns and set of meanings
- b. Provides care that is based on meanings generated by predetermined criteria
- c. Provides care that makes the nurse the leader in determining what is needed
- d. Provides care that is the same as the values of the professional health care system

**CORRECT ANSWER:** A

The goal of transcultural nursing is to provide culturally congruent care, or care that fits the person's life patterns, values, and system of meaning. Patterns and meanings are generated from people themselves, rather than from predetermined criteria. Discovering patients' cultural values, beliefs, and practices as they relate to nursing and health care requires you to assume the role of learner (not become the leader) and to partner with your patients and their families to determine what is needed to provide meaningful and beneficial nursing care. Culturally congruent care is sometimes different from the values and meanings of the professional health care system.

A nurse is assessing the patient's meaning of illness. Which area of focus by the nurse is priority?

- a. On the way a patient reacts to disease
- b. On the malfunctioning of biological processes
- c. On the malfunctioning of psychological processes
- d. On the way a patient reacts to family/social interactions

**CORRECT ANSWER:** A

To provide culturally congruent care, you need to understand the difference between disease and illness. Illness is the way that individuals and families react to disease, whereas disease is a malfunctioning of biological or psychological processes. The way a patient interacts to family/social interactions is communication processes and family dynamics.

A nurse is using Campinha-Bacote's model of cultural competency. Which areas will the nurse focus on to become competent? (Select all that apply.)

- a. Cultural skills
- b. Cultural desire
- c. Cultural transition
- d. Cultural knowledge
- e. Cultural encounters

**CORRECT ANSWER:** A, B, D, E

Campinha-Bacote's model of cultural competency has five interrelated components: cultural awareness; cultural knowledge; cultural skills; cultural encounters; and cultural desire. Cultural transition is not a component of this model.

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A nurse is using the RESPECT mnemonic to establish rapport, the "R" in RESPECT. Which actions should the nurse take? (Select all that apply.)

- a. Connect on a social level.
- b. Help the patient overcome barriers.
- c. Consciously attempt to suspend judgment.
- d. Stress that they will be working together to address problems.
- e. Know limitations in addressing medical issues across cultures.

**CORRECT ANSWER:** A, C

The "R" in RESPECT stands for rapport and includes the following behaviors: connect on a social level; seek the patient's point of view; and consciously attempt to