

## ATI Nutrition Retake Exam | Questions and Answers| Latest 2023/2024

1. A nurse is providing teaching to the parents of a newborn who has gastroesophageal reflux. Which of the following instructions should the nurse include?
  - A) Place the newborn in a side-lying position if vomiting
  - B) Provide a small feeding just before bedtime
  - C) Dilute formula with 1 tablespoon of water
  - D) Position the newborn at a 20-degree angle after feeding

~ **Answer:** A) Place the newborn in a side-lying position if vomiting

2. A nurse is providing discharge teaching to the mother of a newborn about breastfeeding. Which of the following statements by the client indicates an understanding of the teaching?
  - A) I should use pumped breast milk within 72 hours of refrigerating
  - B) I will dilute juice with 50% water to supplement between feedings
  - C) I will begin and end with the same breast when I feed my baby
  - D) I should feed my baby on demand at least eight times each day

~ **Answer:** D) I should feed my baby on demand at least eight times each day

3. A nurse is assessing a client who is recovering from a stroke. Which of the following findings is a manifestation of dysphagia?
  - A) Weight gain
  - B) Continuous smiling
  - C) Hoarse voice
  - D) Expressive aphasia

~ **Answer:** C) Hoarse voice

4. A nurse is initiating continuous enteral feedings for a client who has a new gastrostomy tube. Which of the following actions should the nurse take?

- A) Flush the client's tube with 30 mL of water every 4 hours
- B) Keep the clients head elevated at 15 degrees during feedings
- C) Measure the client's gastric residual every 12 hours
- D) Obtain the clients electrolyte levels every 4 hours

~ **Answer:** A) Flush the client's tube with 30 mL of water every 4 hours

5. A nurse is teaching the family of a school-age child who is obese about complications of childhood obesity. Which of the following complications should the nurse include in the teaching?
- A) Type 1 Diabetes
  - B) Juvenile rheumatoid arthritis
  - C) Hypertension
  - C) Hypothyroidism

~ **Answer:** C) Hypertension

6. A nurse in the emergency room department is assessing a young client who was administered a hypotonic IV bolus for rehydration after collapsing at an athletic event. Which of the following findings indicates the client is experiencing water intoxication?
- A) Hypernatremia
  - B) Muscle weakness
  - C) Exaggerated reflexes
  - D) Weak pulses

~ **Answer:** B) Muscle weakness

7. A nurse is assessing an older adult client who has dysphasia and is experiencing dehydration. Which of the following findings should the nurse expect?
- A) decreased respiratory rate
  - B) Distended neck veins
  - C) Tachycardia
  - D) Hypertension

~ **Answer:** C) Tachycardia

8. A nurse is evaluating a client's laboratory result. The nurse should recognize that which of the following results place the client at risk for coronary heart disease.
- A) Total cholesterol 173
  - B) Fasting glucose 140
  - C) HbA1c 5%
  - D) LDL 64

~ **Answer:** B) Fasting glucose 140

9. A nurse is planning dietary teaching for a client that adheres to a vegan diet. The nurse should identify that the client is at greatest risk for which of the following nutrient deficiencies?
- A) Magnesium
  - B) Omega 3 fatty acids
  - C) Potassium
  - D) Vitamin A

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~ **Answer:** B) Omega 3 fatty acids

10. A nurse is providing teaching about breastfeeding to a client who is postpartum. Which of the following statements by the client indicates an understanding of the teaching?
- A) I need to supplement my feedings with water once my baby is 4 months old
  - B) My baby will receive the most milk within the first 10 minutes of the feedings
  - C) During the first few weeks, I should nurse my baby every 4 hours
  - D) The purpose of alternating breasts during feedings is to promote comfort

~ **Answer:**  
B) My baby will receive the most milk within the first 10 minutes of the feedings