

**ATI PN Maternal Newborn  
Proctored Exam 2023  
LATEST VERSION WITH  
100% VERIFIED QUESTIONS  
AND ANSWERS**

**learnexams**

A nurse in a health clinic is reviewing contraceptive use with a group of adolescent clients. Which of the following statements by an adolescent reflects an understanding of the teaching?

- A. "A water-soluble lubricant should be used with condoms."
- B. "A diaphragm should be removed 2 hours after intercourse."
- C. "Oral contraceptives can worsen a case of acne."
- D. "A contraceptive patch is replaced once a month."

A nurse is instructing a client who is taking an oral contraceptive about danger signs to report to her provider. The nurse determines the client understands the teaching when the client states the need to report which of the following?

- A. Reduced menstrual flow.
- B. Breast tenderness.
- C. Shortness of breath.
- D. Headaches.

A nurse in an obstetrical clinic is teaching a client about using an IUD for contraception. Which of the following statements by the client indicates an understanding of the teaching?

- A. "An IUD should be replaced annually during a pelvic exam."
- B. "I cannot get an IUD until after I've had a child."
- C. "I should expect intermittent abdominal pain while the IUD is in place."
- D. "A change in the string length of my IUD is expected."

A nurse is teaching a client about potential adverse effects of implantable progestins. Which of the following adverse effects should the nurse include? (SATA)

- A. Tinnitus.
- B. Irregular vaginal bleeding.
- C. Weight gain.
- D. Breast changes.
- E. Gingival hyperplasia.

A nurse in a clinic is teaching a client about her new prescription for medroxyprogesterone. Which of the following information should the nurse include in the teaching? (SATA)

- A. "Weight loss can occur."
- B. "You are protected against STIs."
- C. "You should increase your intake of calcium."
- D. "You should avoid taking antibiotics."
- E. "Irregular vaginal spotting can occur."

A nurse in a clinic is caring for a group of female clients who are being evaluated for infertility. Which of the following clients should the nurse anticipate the provider will refer to a genetic counselor?

- A. A client whose sister has alopecia.
- B. A client whose partner has von Willebrand disease.
- C. A client who has an allergy to sulfa.
- D. A client who had rubella 3 months ago.

C. "The man is the easiest to assess, and the provider will usually begin there."  
A nurse is caring for a couple who is being evaluated for infertility. Which of the following statements by the nurse indicates understanding of the infertility assessment process?  
A. "You will need to see a genetic counselor as part of the assessment."  
B. "It is usually the woman who is having trouble, so the man doesn't have to be involved."  
C. "The man is the easiest to assess, and the provider will usually begin there."  
D. "Think about adopting first because there are many babies that need good homes."

- A. Occupation.
- B. Menstrual history.
- C. Childhood infectious diseases.

A nurse in an infertility clinic is providing care to a couple who has been unable to conceive for 18 months. Which of the following data should be included in the assessment? (SATA)

- A. Occupation.
- B. Menstrual history.
- C. Childhood infectious diseases.
- D. History of falls.
- E. Recent blood transfusions.

A. "It is good to know that I won't have a tubal pregnancy in the future."  
A nurse in a clinic is caring for a client who is to be seen by the provider for a postoperative appointment following a salpingectomy due to an ectopic pregnancy. Which of the following statements by the client requires clarification?

- A. "It is good to know that I won't have a tubal pregnancy in the future."
- B. "The doctor said that this surgery can affect my ability to get pregnant again."
- C. "I understand that one of my fallopian tubes had to be removed."
- D. "Ovulation can still occur because my ovaries were not affected."
- A. January 8.

A nurse is caring for a client who is pregnant and states that her last menstrual period was April 1st. Which of the following is the client's estimated date of delivery?

- A. January 8.
- B. January 15.
- C. February 8.
- D. February 15.
- A. Client has delivered one newborn at term.
- D. Client has had two prior pregnancies.
- E. Client has one living child.

A nurse in a prenatal clinic is caring for a client who is in the first trimester of pregnancy. The client's health record includes this data: G3 T1 P0 A1 L1. How should the nurse interpret this information? (SATA)

- A. Client has delivered one newborn at term.

- B. Client has experienced no preterm labor.
- C. Client has been through active labor.
- D. Client has had two prior pregnancies.
- E. Client has one living child.

- B. Goodell's sign.
- C. Ballottement.
- D. Chadwick's sign.

A nurse is reviewing the health record of a client who is pregnant. The provider indicated the client exhibits probable signs of pregnancy. Which of the following findings should the nurse expect? (SATA)

- A. Montgomery's glands.
- B. Goodell's sign.
- C. Ballottement.
- D. Chadwick's sign.
- E. Quickening.

C. "This is due to the weight of the uterus on the vena cava."

A nurse in a prenatal clinic is caring for a client who is pregnant and experiencing episodes of maternal hypotension. The client asks the nurse what causes these episodes. Which of the following responses should the nurse make?

- A. "This is due to an increase in blood volume."
- B. "This is due to pressure from the uterus on the diaphragm."
- C. "This is due to the weight of the uterus on the vena cava."
- D. "This is due to increased cardiac output."

D. "You should collect urine from the first morning void."

A nurse in a clinic receives a phone call from a client who believes she is pregnant and would like to be tested in the clinic to confirm her pregnancy. Which of the following information should the nurse provide to the client?

- A. "You should wait until 4 weeks after conception to be tested."
- B. "You should stop any medications for 24 hours prior to the test."
- C. "You should be NPO for at least 8 hours prior to the test."
- D. "You should collect urine from the first morning void."

- C. Perform the pelvic rock exercise every day.
- D. Use proper body mechanics.

A nurse is teaching a group of women who are pregnant about measures to relieve backache during pregnancy. Which of the following measures should the nurse include in the teaching? (SATA)

- A. Avoid any lifting.
- B. Perform kegel exercises twice a day.
- C. Perform the pelvic rock exercise every day.
- D. Use proper body mechanics.
- E. Avoid constrictive clothing.

A. Vaginal bleeding.