

# ATI Pediatrics proctored exam (New)

## Chapter 1: Family centered nursing care

### 1. Parenting styles

#### -Dictatorial or authoritarian:

-Parents try to control the child's behaviors and attitudes through unquestioned rules and expectations

-Ex: The child is never allowed to watch television on school nights

#### -Permissive:

-Parents exert little or no control over the child's behaviors, and consult the child when making decisions

-Ex: The child assists with deciding whether he will watch television

#### -Democratic or authoritative:

-Parents direct the child's behavior by setting rules and explaining the reason for each rule setting

-Ex: The child can watch television for 1 hr on school nights after completing all of his homework and chores

-Parents negatively reinforce deviations from the rules

-Ex: The privilege is taken away but later reinstated based on new guidelines

learnexams

## Chapter 2: Physical assessment findings

### 1. Vital signs

-Usually vital signs are all high except for BP

#### -Temperature:

-3 – 6 months 99.5

-1 year 99.9

-3 year 99.0

-5 years 98.6

-7 years 98.2

-9 – 11 years 98.1

-13 years 97.9

#### -Pulse:

-Newborn 80 – 180/min

-1 weeks – 3 months 80 – 220/min

-3 months – 2 years 70 – 150/min

-2 – 10 years 60 – 110/min

-10 years and older 50 – 90/min

#### -Respirations:

- Newborn – 1 year 30 – 35/min
- 1 – 2 years 25 – 30/min
- 2 – 6 years 21 – 25/min
- 6 – 12 years 19 – 21/min
- 12 years and older 16 – 19/min

## -Blood pressure:

-Low as a baby but increases the older they get

## -Infants:

-Systolic: 65-78

-Diastolic: 41-52

## 2. Head

-Fontanelles should be flat

## -Posterior fontanel:

-Closes by 6-8 weeks

## -Anterior fontanel:

-Closes by 12-18 months

## 3. Teeth

-Infants should have 6-8 teeth by 1 year old

-Children and adolescents should have teeth that are white and smooth, and begin replacing the 20 deciduous teeth with 32 permanent teeth

## 4. Infant Reflexes

Stepping	Birth to 4 weeks
Palmar Grasp	Birth to 3 months
Tonic Neck Reflex (Fencer Position)	Birth to 3 – 4 months
Sucking and Rooting Reflex	Birth to 4 months
Moro Reflex (Fall backward)	Birth to 4 months
Startle Reflex (Loud Noise)	Birth to 4 months
Plantar Reflex	Birth to 8 months
Babinski Reflex	Birth to 1 year

## Chapter 3: Health promotion of infants (2 days to 1 year)

### 1. Physical Development

#### -Weight:

-Doubled by 5 months

-Tripled by 12 months

-Quartered by 30 months

#### -Height:

-2.5 cm (1 in) per month for the first 6 months

#### -Length:

-Increases by 50% by 12 months

#### -Dentition:

-First teeth erupt between 6-10 months

### 2. Motor skill development

- 1 Month