

**ATI RN MENTAL HEALTH 2019 FORM A, B, C, D AND  
RETAKE ACTUAL EXAM EACH EXAM CONTAINS 70  
QUESTIONS AND CORRECT DETAILED ANSWERS  
WITH RATIONALES (VERIFIED ANSWERS)  
|ALREADY GRADED A+||EVERYTHING ON ATI RN  
MENTAL HEALTH 2019 EXAMS**

**ATI RN MENTAL HEALTH 2019 FORM A**

A nurse is caring for a client who is in the manic phase of bipolar disorder. Which of the following actions should the nurse take?

- a. Provide in depth explanation of nursing expectations
- b. Encourage the client to participate in group activities
- ~~c. Avoid power struggles by remaining neutral~~
- d. Allow the client to set limits for his behavior - ANSWER- c. Avoid power struggle by remaining neutral

A nurse is providing behavioral therapy for a client who has OCD. The client repeatedly checks that the doors are locked at night. Which of the following instructions should the nurse give the client when using thought stopping technique?

- a. "Keep a journal of how often you check the locks each night."
- b. "Ask a family member to check the locks for you at night."
- c. "Focus on abdominal breathing whenever you go to check the locks."

d. "Snap a rubber band on your wrist when you think about checking the locks." - ANSWER- d. "Snap a rubber band on your wrist when you think about checking the locks."

A nurse is caring for a client who has a cocaine use disorder. Which of the following manifestations should the nurse expect the client to have during withdrawal?

- a. Hand tremors
- b. Fatigue**
- c. Seizures
- d. Rapid speech - ANSWER- b. Fatigue

A nurse is reviewing the medical record of a client who is taking clozapine. For which of the following findings should the nurse withhold the medication and notify the provider?

- a. WBC count**
- b. Heart rate
- c. Report of photosensitivity
- d. Blood glucose level - ANSWER- a. WBC count

A nurse is creating a plan of care for a client who has major depressive disorder. Which of the following interventions should the nurse include in the plan?

- a. Keep the ring light on in the client's room at night
- b. Encourage physical activity for the client during the day**

- c. Identity and schedule alternative group activities for the client
- d. Discourage the client from expressing feeling of anger - ANSWER- b. Encourage physical activity for the client during the day

A nurse is assessing a client who is experiencing acute alcohol withdrawal. Which of the following findings should the nurse expect?

- a. Diminished reflexes
- b. Hypotension - increased BP
- c. Insomnia**
- d. Bradycardia - ANSWER- c. Insomnia

A nurse is caring for a client who has schizophrenia and displays severe symptoms of the disorder. Which of the following actions should the nurse take?

- a. Use medication to decrease frequency of auditory and visual hallucinations
- b. Assist the client to identify somatic and thought broadcast delusion
- c. Manage the client's loud, rambling, and incoherent communication patterns
- d. Direct the client to perform her own daily hygiene and grooming tasks** - ANSWER- d. Direct the client to perform her own daily hygiene and grooming tasks

A nurse is caring for a client who was involuntarily committed and is scheduled to receive electroconvulsive therapy. The client refuses the

treatment and will discuss why with the healthcare team. Which of the following actions should the nurse take?

a. Document the client's refusal of the treatment in the medication record

b. Tell the client he cannot refuse the treatment because he was involuntarily committed

c. Inform the client the ECT does not require client consent

d. Ask the client family to encourage the client to receive ECT -

ANSWER- a. Document the client's refusal of the treatment in the medication record

A nurse is providing crisis intervention for a client who was involved in a violent mass casualty situation in the community. Which of the following actions should the nurse take during the initial session with the client?

a. Identify the client's usual coping style.

b. Encourage the client to display anger toward the cause of the crisis.

c. Tell the client that this life will soon return to normal

d. Help the client focus on a wide variety of topics regarding the crisis. -

ANSWER- a. Identify the client's usual coping style.

A nurse in the emergency department is caring for a client who reports feeling sad, worthless, and hopeless 9 months after the death of her son. Which of the following actions should the nurse take first?

a. Encourage the client to attend a grief support group

b. Discuss the client's coping skills

c. Request a mental health consult for the client