
ATI MENTAL HEALTH EXAM 2023

VERSION 1

- 1.) A nurse is providing teaching to a client who has a new prescription for amitriptyline. Which of the following statements by the client indicates an understanding of the teaching?
- “While taking this medication, I’ll need to stay out of the sun to avoid a skin rash.”
 - “I may feel drowsy for a few weeks after starting this medication.”
 - “I cannot eat my favorite pizza with pepperoni while taking this medication.”
 - “This medication will help me lose the weight that I have gained over the last year.”
- 2.) A nurse is caring for a client who is taking phenelzine. For which of the following adverse effects should the nurse monitor? (Select all that apply.)
- Elevated blood glucose levels.
 - Orthostatic hypotension.
 - Priapism.
 - Headache.
 - Bruxism.
- 3.) A nurse is reviewing the medical record of a client who has a new prescription for bupropion for depression. Which of the following findings is the priority for the nurse to report to the provider?
- The client has a family history of seasonal pattern depression.
 - The client currently smokes 1.5 packs of cigarettes per day.
 - The client had a motor vehicle crash last year and sustained a head injury.
 - The client has a BMI of 25 and has gained 10 lb over the last year.
- 4.) A nurse is teaching a client who has a new prescription for imipramine how to minimize anticholinergic effects. Which of the following instructions should the nurse include in the teaching? (Select all that apply.)
- Void just before taking the medication.
 - Increase the dietary intake of potassium
 - Wear sunglasses when outside.
 - Change positions slowly when getting up.
 - Chew sugarless gum.

- 5.) A charge nurse is discussing mirtazapine with a newly licensed nurse. Which of the following statements by the newly licensed nurse indicates understanding?
- “This medication increases the release of serotonin and norepinephrine.”
 - “I will need to monitor the client for hyponatremia while taking this medication.”
 - “This medication is contraindicated for clients who have an eating disorder.”
 - “Sexual dysfunction is a common adverse effect of this medication.”

Chapter 23 Medications for Bipolar Disorders

- 1.) A nurse is caring for a client who is prescribed lithium therapy. The client states that he wants to take ibuprofen for osteoarthritis pain relief. Which of the following statements should the nurse make?
- “That is a good choice. Ibuprofen does not interact with lithium.”
 - “Regular aspirin would be a better choice than ibuprofen.”
 - “Lithium decreases the effectiveness of ibuprofen.”
 - “The ibuprofen will make your lithium level fall too low.”
- 2.) A nurse is discussing early indications of toxicity with a client who has a new prescription for lithium carbonate for bipolar disorder. The nurse should include which of the following manifestations in the teaching? (Select all that apply.)
- Constipation.
 - Polyuria.
 - Rash.
 - Muscle weakness.
 - Tinnitus.
- 3.) A nurse is discussing routine follow-up needs with a client who has a new prescription for valproate. The nurse should inform the client of the need for routine monitoring of which of the following?
- AST/ALT and LDH.
 - Creatinine and BUN.
 - WBC and granulocyte counts.
 - Serum sodium and potassium.