

Certified Nursing Assistant / (CNA) Exam 100 Questions and Answers.

1. What is one important reason why the bed should remain wrinkle-free? - to help keep the skin healthy and prevent pressure sores
2. What is the term for a device that replaces a missing body part? - prosthesis
3. To convert four ounces of water to milliliters (ml or mL), the nurse assistant should multiply four by: - 30
4. Which of the following healthcare settings is for people who will die in six months? - hospice
5. Which of the following abbreviations means "nothing by mouth"? - NPO
6. Exercises that put each joint through its full arc of motion are called: - range of motion
7. What is the medical term for high blood pressure? - hypertension
8. What is a task that is outside the scope of practice for an NA? - inserting tubes into a resident's body
9. Standard Precautions should be practiced - on every single person in your care
10. Which kind of care helps restore a resident to the highest level of functioning possible? - rehabilitation
11. If an activity is not listed on the care plan, what is the responsibility of a NA? - The NA should not perform the activity if it is not listed on the care plan.
12. Restraints can be applied: - only with a doctor's orders
13. Generally, the last sense to leave a dying person is the sense of - hearing
14. What is a normal range of a blood pressure? - varies 119/75 is an example
15. Incontinence may be caused by: - nervous system diseases
16. Standing with the legs shoulder-width apart is using - good body mechanics
17. After an amputation, a resident may experience phantom sensation. Phantom sensation is - pain or sensation caused by remaining nerve endings
18. How should a fracture pan be positioned? - with the handle toward the foot of the bed
19. What does palliative care involve? - pain relief and comfort

20. Nursing assistants do not usually perform procedures that require - **sterile technique**
21. Insulin reaction can be caused by - **too little food**
22. Which of the following is a requirement of OBRA? - **nursing assistants must have at least 75 hours of training**
23. What is a good way for a nursing assistant to care for a mentally ill resident? - **support the resident and his or her family and friends**
24. When should sheets be changed? - **whenever they are soiled, wrinkled, or damp**
25. What does the chain of command do? - **describes the line of authority**
26. What is a good way for a nursing assistant to respond to inappropriate sexual behavior? - **take the resident to a private area**
27. What should a nursing assistant do if she suspects a resident is being abused? - **she should report it to the nurse immediately and let him/her handle it from there**
28. What is one good way a nursing assistant can assist residents with normal changes of aging related to the urinary system? - **offer frequent trips to the bathroom**
29. Which of the following is true of Transmission-Based Precautions? - **they are practiced in addition to Standard Precautions**
30. What can nursing assistants do in regards to IVs? - **Nursing assistants will observe the IV site for problems**
31. Passive range of motion exercises are done - **when a resident cannot move on her own**
32. Which of the following is used when documenting the amount of fluid a resident drinks? - **milliliters**
33. When encountering a fire, a nursing assistant should first - **remove resident from danger**
34. What is a common "cliche"? - **It will all work out in the end.**
35. What member of the care team might help a resident learn to use adaptive devices for eating or dressing? - **occupational therapist**
36. A way to prevent aspiration during oral care of unconscious residents include: - **using as little liquid as possible when giving oral care**
37. Providing privacy while giving care is a patient's - **legal right**