

# NUR 2459 Mental and Behavioral Health Nursing

## Mental Health Exam 1 Review

Ethical principle:

Fidelity

**Correct Answer:**

this Ethical principle emphasizes the health care worker's loyalty and faithfulness to the client.

Ethical principle:

Autonomy

**Correct Answer:**

this ethical principle emphasizes the client's right to make his or her own decision. Children, comatose individuals, and those with severe mental illness are incapable of making informed choices. A representative is asked to intervene & consent

Ethical principle:

Beneficence

**Correct Answer:**

this ethical principle refers to one's duty to benefit or promote the good of others. The nurse is always the client's advocate.

Ethical principle:

Non-maleficence

**Correct Answer:**

this ethical principle emphasizes that the health care provider is required to not harm the client (intentional or unintentional)

Ethical principle:

Justice

**Correct Answer:**

this ethical principle emphasizes that clients are to be treated equally regardless of race, sex, marital status, medical diagnosis, social and economic standing or religious belief.

Ethical principle:

Veracity

**Correct Answer:**

learnexams

this ethical principle refers to one's duty to always be honest

Transference

**Correct Answer:**

Occurs when the client unconsciously displaces or transfers to the nurse feelings formed toward another person from his or her past.

Countertransference

**Correct Answer:**

refers to the nurse's behavioral and emotional responses to the patient in which the nurse transfers feelings (often unconscious) about past experiences or people onto the patient.

Defense mechanism:

Undoing

**Correct Answer:**

performing an act to make up for previous behavior

Defense mechanism:

Splitting

**Correct Answer:**

demonstrating an inability to bring together negative and positive attributes of self or other

# learnexams

Defense mechanism:

Sublimation

**Correct Answer:**

rechanneling drives on impulses that are unacceptable into constructive activities

Defense mechanism:

Suppression

**Correct Answer:**

the voluntary blocking of unpleasant feelings and thoughts

Defense mechanism:

Regression

**Correct Answer:**

unconsciously retreating to an earlier level of development. (a toddler going back to a bottle for comfort, even though he's been on a sippy cup since 6mos)

Defense mechanism:

Reaction formation

**Correct Answer:**

demonstrating the opposite behavior of what is felt

Defense mechanism:

Rationalization

**Correct Answer:**

attempting to make excuses for unacceptable behavior/feelings

Defense mechanism:

Projection

**Correct Answer:**

attributing feelings or impulses unacceptable to oneself to another person

learnexams