

NUR 2502 Multidimensional Care III

Rasmussen - MDC III - Exam 2

(50 Qs - 6 or 7 SATA; 3 or 4 Dose Calc)

How do you diagnose sleep apnea?

- **Sleep study**

Q from textbook A nursing student is teaching a 72-year-old patient about the importance of the pneumonia vaccination. Which teaching requires intervention by the nurse? (Select all that apply.)

- a) **"You will only need one vaccine called Pneumovax."**
- b) "You will need two vaccines to prevent pneumonia."
- c) **"If you have had the Prevnar vaccine, then you will not need the Pneumovax vaccine."**
- d) **"Since you are over 64 years old, only the flu vaccine is suggested."**
- e) "You will receive the Prevnar vaccine about a year after the Pneumovax vaccine."

Overall goal for Emphysema/COPD patients

- **improve gas exchange**

Are emphysema/COPD permanent?

- **Yes! Permanent damage to alveoli. Not reversible.**

What happens to the patient's CO₂ levels in COPD?

- **CO₂ builds up because the alveoli can't properly open for the CO₂ to be expelled.**

S/S: Emphysema/COPD

(SATA?)

- **tripod pose**
- **barrel chest**
- **accessory muscle use**
- **clubbing**
- **SOB**
- **cyanosis**
- **dyspnea**

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How will emphysema/COPD patients be feeling? + patient education

(SATA?)

- **anxious - we have to decrease their anxiety; can't give them sedatives because that will decrease their respirations. So we to use relaxation techniques, etc.**

progressive relaxation, hypnosis therapy, and biofeedback (Ch 30)

What is a priority when assessing a person with facial trauma?

- **Gas exchange**

S/S: Airway Obstruction

- **Stridor, SOB, dyspnea**

S/S: Facial Trauma

- **edema, asymmetry, pain, leakage of spinal fluid through the ears or nose (can be clear to pink-tinged)**

S/S: Nasal Fractures

- **▪ Bruising**
- **▪ Pain**
- **▪ Nasal deviation/malalignment**
- **▪ Crepitus**
- **▪ Blood or clear fluid draining from the nose**
- **▪ Impaired breathing**

check for CSF

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Causes: Epistaxis

- **▪ Trauma**
- **▪ Hypertension**
- **▪ Leukemia**
- **▪ Inflammation**
- **▪ Tumor**
- **▪ Decreased humidity**
- **▪ Nose blowing/picking**
- **▪ Chronic cocaine use**
- **▪ Nasal procedure**