

Exam 2: NUR155/ NUR 155 (Latest 2023/ 2024) Foundations of Nursing Exam| Questions and Answers| Grade A| Galen

Q: Where do vegans who need calcium get nutrients from?

Answer:

soy products

Q: Presence of acute malnutrition

Answer:

prealbumin

Q: Presence of chronic malnutrition

Answer:

albumin

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Q: Examples of a clear liquid diet

Answer:

apple juice, coffee, broth, jello

Q: examples of full liquid diet

Answer:

orange juice, icecream, pudding, veggie juice, tomato soup

Q: Cardiac diets are low in what?

Answer:

Sodium

Q: Types of food for iron

Answer:

green leafy veggies

Q: Types of food for calcium

Answer:

milk, SOY, tofu, green veggies

Q: Types of food for phosphorus

Answer:

dairy, beans, meats

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Q: Types of foods for Vitamin C

Answer:

citrus, broccoli, tomatoes

Q: Types of food for potassium

Answer:

banana, avacodo, white beans

Q: Types of food for Vitamin A

Answer:

carrots and greens

Q: Routes for enteral feedings(NOT IV)

Answer:

NG tube(short term) Peg tube(long term)

Q: Routes for Parenteral Administration(IV)

Answer:

through picc line or CVC.

Q: When is TPN used?

Answer:

When the GI tract cannot be used for ingestion, digestion, and absorption of essential nutrients

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Q: What is required for active transport?

Answer:

energy & it's a lower to higher concentration

Q: Simultaneous fluid volume excess and deficit

Answer:

cirrhosis

Q: Potassium is never administered which ways?