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## NUR 2392 Multidimensional Care II

#### MDC 2 Exam 2

Stomatitis interventions

- Oral care after meals
- Saline rinse
- Use a soft tooth brush
- Room temp, soft, bland, non-acidic, not spicy food

Causes of metabolic acidosis?

- Starvation
- Renal failure
- Diabetic ketoacidosis
- Seizures

What lab is used to determine acid base balance

• ABG

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What to assess first in respiratory acidosis?

• Respiratory rate

What does a metabolic acidosis compensation look like?

• Hyperventilation to increase PH (respiratory)

#### Signs of GI bleed

- Hemoglobin and hematocrit will be low
- Low bp
- Weak peripheral pulses
- Dizziness/ vertigo
- Coffee ground or bright red emesis
- Black stools
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Esophageal cancer teachings:

- High protein diet
- Monitor weight loss
- Eat room temp foods to prevent aspiration

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