

Final Exam: NUR155/ NUR 155 (Latest 2023/ 2024) Foundations of Nursing Exam Review| Questions and Answers| 100% Correct| Galen

Q: How do you promote normal fecal elimination?

Answer:

High fiber diet
Exercise
2000 mL of fluid a day

Q: What does SBAR stand for and when is it used?

Answer:

S-situation
B-background
A-assessment
R-recommendation

learnexams

is a report used when significant events or changes in pt. condition have occurred. Normally used at shift change.

Q: Why do we check pulses in extremities? What do you do if one is weak/missing?

Answer:

Check pulses for circulation
If a pulse is missing, tell the dr could be a possible blood clot.

Q: What are standard contact precautions?

Answer:

Washing hands
Wearing gloves

Q: What is airborne precautions?

Answer:

Used when an individual has a suspected or known infection that is transmitted via the airborne route. Examples: TB, chickenpox.

PPE, N95 (filter) face mask before entering the room, gown, gloves, goggles

Q: What are droplet precautions?

Answer:

Droplets are generated by a person coughing, sneezing, or talking and can invade the the hosts nasal mucosa, conjunctiva, or mouth.

Examples: flu, pneumonia, meningitis.

Hand washing, PPE, surgical face mask, gown, gloves, goggles

Q: What are contact precautions?

Answer:

Used when patients have diarrhea, draining wounds / sores, vomiting, draining body fluids. The pathogen can invade the body by direct contact or contact with an infected object.

Examples: HIV, ebola hepatitis, MRSA, VRE

Hand washing, PPE, gown & gloves

Q: How to administer a rectal suppository?

Answer:

Assist the client to a left lateral left Sims position, with the up- per leg flexed.

Fold back the top bedclothes to expose the buttocks.

Put a glove on the hand used to insert the suppository.

learnexams

Unwrap the suppository and lubricate the smooth rounded end, or see the manufacturer's instructions.

The rounded end is usually inserted first and lubricant reduces irritation of the mucosa. Lubricate the gloved index finger.

Encourage the client to relax by breathing through the mouth.

This usually relaxes the external anal sphincter.

Insert the suppository gently into the anal canal, rounded end first (or according to manufacturer's instructions), along the rectal wall using the gloved index finger.

Q: How to administer a rectal suppository #2

Answer:

For an adult, insert the suppository beyond the internal sphincter (i.e., 10 cm [4 in.]

Avoid embedding the suppository in feces in order for the suppository to be absorbed effectively.

Press the client's buttocks together for a few minutes.

Ask the client to remain in the left lateral or supine position for at least 5 minutes to help retain the suppository.

The suppository should be retained for varying lengths of time according to the manufacturers instructions.

Q: CLIENT TEACHING Managing Diarrhea

learnexams

Answer:

-Drink at least 8 glasses of water Consider drinking a few glasses of electrolyte per day to prevent dehydration.

-2000 mL replacement fluids a day.

-Eat foods with sodium and potassium.

-Most foods contain sodium.

-Potassium is found in meats and many vegetables especially purple grape juice, tomatoes, potatoes, bananas, cooked peaches, and apricots.

Increase foods containing soluble fiber, such as rice, oatmeal, and skinless fruits and potatoes.

Q: Managing Diarrhea #2

Answer:

-Avoid alcohol and beverages with caffeine, which aggravate the problem.