

**HESI LPN EXIT EXAM-
MEREGED FROM
2019/2020&2021
ACTUAL EXAMS-
BEST FOR 2022
ACTUAL EXAM
REVIEW**

HESI PN Comprehensive Exam

What intervention should the practical nurse (PN) implement to meet the physiologic integrity of a client during a manic episode of bipolar disorder?

- A. Provide the client with finger foods.
- B. Restrict the client's oral fluid intake.
- C. Give the client low-protein, low-calorie snacks.
- D. Interrupt the client's performance of rituals.
- A. Provide the client with finger foods.

During the manic phase of bipolar disorder, a client is often unable to sit still long enough to eat, so the client should be provided finger foods that can be eaten while hyperactive.

A client with bipolar disorder is being treated with cognitive therapy. Which actions should the practical nurse (PN) implement to reenforce this treatment strategy? Select all that apply.

- A. Recommend daily physical activity.
- B. Use affirmations and limit setting.
- C. Allow the client to talk continuously.
- D. Report client's suicidal expressions to the therapist.
- E. Encourage substituting positive thoughts for negative thoughts.
- F. Reenforce relaxation techniques when experiencing negative thoughts.
- B. Use affirmations and limit setting.
- D. Report client's suicidal expressions to the therapist.
- E. Encourage substituting positive thoughts for negative thoughts.

Clients diagnosed with bipolar disorder may experience depressive thoughts and/or attempt suicide. Cognitive therapy sometimes produces relief from troubling symptoms experienced by clients with bipolar disorder. Cognitive therapy allows clients to handle "thought errors" and behaviors to stop negative thoughts.

The practical nurse (PN) is evaluating a client's self management of type 1 diabetes mellitus (DM). Which findings provide the best parameter in the client's goals for the prevention of long-term complications of DM?

- A. Strict adherence to a diabetic diet.
- B. Participation in a regular exercise program.
- C. Scheduled administration of accurate insulin doses.
- D. Consistent hemoglobin A1c levels no greater than 7%.
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For optimal diabetic control, evidence-based guidelines recommend an A1c target level no greater than 7% for a client with DM, which is the primary goal and indicator of effective treatment and diabetes management.

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Which action should the practical nurse (PN) implement for a young girl with pulmonary infection who is receiving chest physiotherapy?

- A. Encourage to hold her breath and then cough.
- B. Administer bronchodilators after the procedure.
- C. Allow the child to sit in a position of choice.
- D. Percuss the chest wall in a rhythmic fashion.
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Thick secretions that are difficult to cough up can be loosened by tapping, or percussing, and vibrating the chest. Percussion is carried out by cupping the hands and lightly striking the chest wall in a rhythmic fashion over the lung segment to be drained

The practical nurse (PN) is preparing to administer erythromycin (Ilotycin) 0.5% ophthalmic ointment to a newborn. The father asks the PN the purpose of this medication. What rationale should the PN provide?

- A. To allow the baby's eyes to focus.
 - B. To lubricate the baby's eyes.
 - C. To prevent infection in the baby's eyes.
 - D. Refer the father to the pediatrician.
- C. To prevent infection in the baby's eyes.**

Erythromycin is prescribed in the prophylaxis of ophthalmia neonatorum caused by *Neisseria gonorrhoea* and *Chlamydia trachomatis*. The PN should explain the ointment is a prophylactic treatment to prevent infection in the baby's eyes.

A client's cardiac telemetry reveals sinus bradycardia at 40 beats/minute. An IV dose of atropine is given per protocol. Which finding should the practical nurse (PN) identify as a therapeutic response?

- A. A decrease in blood pressure.
 - B. A decrease in premature contractions.
 - C. An increase in heart rate.
 - D. An increase in sensorium.
- C. An increase in heart rate.**

Atropine increases heart rate (C) by its anticholinergic effects on the sinoatrial (SA) node.

A client is admitted with a tumor of the hypothalamus. Which finding should the practical nurse (PN) report to the charge nurse?

- A. A pulse rate of 98 beats/min.