
HESI EXIT RN V4

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An adult woman who has a history of inferior myocardial infarction, esophageal reflux, and type 1 diabetes mellitus (DM) is admitted to the telemetry unit for sudden onset of dizziness with palpitations and a burning sensation in her chest. Which intervention should the nurse implement **first**?

- ☒ A Evaluate telemetry cardiac rhythm.
- ☐ B Administer an oral antacid.
- ☐ C Assess blood glucose level.
- ☐ D Review client's last meal choices.

When conducting diet teaching for a client who was diagnosed with a myocardial infarction, which snack foods should the nurse encourage the client to eat? (Select all that apply.)

- ☐ A Chicken bouillon soup and toast.
- ☐ B Fresh vegetables with mayonnaise dip.
- ☒ C Fresh turkey slices and berries.
- ☒ D Raw unsalted almonds and apples.
- ☐ E Soda crackers and peanut butter.