

Kaplan Maternity Integrated Exam questions and answers| GRADED A

Lab screening Correct answerAFP: 16-18 wk for neural tube defects
Glucose between 24-28 wks
Rh antibody titers for Rh negative women at 24,28,32,36,40.

Culdoscopy Correct answer- Visualization of the ovaries, fallopian tubes, uterus via lighted tube inserted into vagina and through cul-de-sac.

- Local anesthetic, light sedation
 - Knee to chest position. Post procedure position on abdomen with pillow under.
- Observe for vaginal bleeding, avoid douching and sex for 2 weeks.

BPH Correct answerCompression of urethra and urinary retention.
Men over 50.

Dysuria, frequency, urgency, decreased urinary stream, hesitancy and nocturia.
Later symptoms: cystitis, hydronephrosis, urinary calculi.

"Taking in" phase Correct answerDependency.
1-2 day after delivery

Preoccupied with self and own needs. Talkative and hesitant about making decisions. Retells perceptions of birth experience.

3 hr glucose test Correct answerFBS: <92
1 hr: <180
2 hr: <153
3 hr: < 140

If 2 or more abnormal findings, then they have diabetes.

Abruptio placentae Correct answerAbdominal pain, uterine rigidity and tenderness, rapid s&s of maternal shock and fetal distress.

Prepare for delivery usually c section.

Post op: monitor for infection, renal failure and DIC- no IM injections.

Absent variability Correct answer fetal sleep, prematurity, reaction to meds, congenital anomalies, hypoxia, acidosis.

Accelerations Correct answer HR more than 15 bpm above baseline lasting more than 15 seconds and less than 2 min.

Amniocentesis Correct answer 14-17 weeks- to detect inborn errors of metabolism, chromosomal abnormalities, open NTD,
After 28 wks- determine sex of fetus and sex linked disorders.
after 30 wks- determine lung maturity.

Void before procedure and Rh immunoglobulin for Rh- mothers.

Anemia Correct answer Hgb < 10
Hct < 35%

Atrophic vaginitis Correct answer Assessment: Occurs after menopause. Pale, thin, dry mucosa, itching, dyspareunia

Nursing: topical estrogen cream, water soluble lubricants, antibiotic vaginal suppositories and ointments.

Babinski's sign Correct answer stroking sole of foot causes toes to fan out. Usual adult response by 12 months.

"Letting go" phase Correct answer Independence.

Evident by weeks 5-6

Assuming new role responsibilities. May grief for prior roles. Adjustment to accommodate for infant in family.

"Taking hold" phase Correct answer Dependency-independence

By day 3

Performing self care. Concern for self and baby. Open to instructions

Biophysical profile Correct answer assessments of fetal breathing movements, body movements, muscle tone, amniotic fluid volume by US, FHR reactivity by NST
score of 0-2 for each.

8-10 is normal