

NGN ATI RN Maternal Newborn 2019 Proctored Exam |Version 2| 70 Questions and Verified Answers

Q: A nurse is caring for a newborn who is 6 hr old and has a bedside glucometer reading of 65 mg/ dL.

The newborn's mother has type 2 diabetes mellitus. Which of the following actions should the nurse take?

- A. Obtain a blood sample for a serum glucose level
- B. Feed the newborn immediately
- C. Administer 50 mL of dextrose solution IV
- D. Reassess the blood glucose level prior to the next feeding

Answer:

D. Reassess the blood glucose level prior to the next feeding

Q: A nurse is providing teaching to a client about exercise safety during pregnancy. Which of the following statements by the client indicates an understanding of the teaching? (Select all that apply).

- A. "I will limit my time in the hot tub to 30 minutes after exercise."
- B. "I should consume three 8-ounce glasses of water after I exercise."
- C. "I will check my heart rate every 15 minutes during exercise sessions."
- D. "I should limit exercise sessions to 30 minutes when the weather is humid."
- E. "I should rest by lying on my side for 10 minutes following exercise."

Answer:

- B. "I should consume three 8-ounce glasses of water after I exercise."
- C. "I will check my heart rate every 15 minutes during exercise sessions."
- E. "I should rest by lying on my side for 10 minutes following exercise."

Q: A charge nurse is teaching a group of staff nurses about fetal monitoring during labor. Which of the

following findings should the charge nurse instruct the staff members to report to the provider?

- A. Contraction durations of 95 to 100 seconds
- B. Contraction frequency of 2 to 3 min apart
- C. Absent early deceleration of fetal heart rate
- D. Fetal heart rate is 140/min

Answer:

- A. Contraction durations of 95 to 100 seconds

Q: A nurse in a woman's health clinic is obtaining a health history from a client. Which of the following findings should the nurse identify as increasing the client's risk for developing pelvic inflammatory disease (PID)?

- A. Recurrent Cystitis
- B. Frequent Alcohol Use
- C. Use of Oral Contraceptives
- D. Chlamydia Infection

Answer:

- D. Chlamydia Infection

Q: A nurse is teaching a prenatal class about immunizations that newborns receive following birth.

Which of the following immunizations should the nurse include in the teaching?

- A. Hepatitis B
- B. Rotavirus
- C. Pneumococcal
- D. Varicella

Answer:

- A. Hepatitis B

Q: A nurse is providing nutritional guidance to a client who is pregnant and follows a vegan diet. The client asks the nurse which foods she should eat to ensure adequate calcium intake. The nurse should

instruct the client that which of the following foods has the highest amount of calcium?

- A. ½ cup cubed avocado

- B. 1 large banana
- C. 1 medium potato
- D. 1 cup cooked broccoli

Answer:

- D. 1 cup cooked broccoli

Q; A nurse in a provider's office is assessing a client at her first antepartum visit. The client states that the first day of her last menstrual period was March 8. Use Nagele's rule to calculate the estimated date of delivery. (Use the MMDD format with four numerals and no spaces or punctuation.)

Answer:

Dec. 15th

Q; A nurse is caring for a client who is in the second stage of labor. Which of the following manifestations should the nurse expect?

- A. The client expels the placenta
- B. The client experiences gradual dilation of the cervix
- C. The client begins have regular contractions.
- D. The client delivers the newborn

Answer:

- D. The client delivers the newborn

Q; A nurse is assessing a client who is at 37 weeks of gestation. Which of the following statement by the client requires immediate intervention by the nurse?

- A. "It burns when I urinate"
- B. "My feet are really swollen today".
- C. "I didn't have lunch today, but I have breakfast this morning"

Answer:

- A. "It burns when I urinate"