

NIC ESTHETICS ACTUAL EXAM 2 LATEST EXAMS TEST BANK 2023-2024 ACTUAL EXAM 200 QUESTIONS AND CORRECT DETAILED ANSWERS WITH RATIONALES (VERIFIED ANSWERS) |ALREADY GRADED A+

Using gloves when applying chemicals on clients will prevent which of the following? - ANSWER- **Dermatitis**

An autoclave is used in the spa to provide which level of infection control? - ANSWER- **Sterilization**

The inner layer of the skin, also known as true skin, is the - ANSWER- **Dermis**

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Which of the following disorders is caused by an unusual discharge by the oil glands? - ANSWER- **Seborrhea**

Product labeling includes which of the following that causes changes in the skin's appearance? - ANSWER- **Active agents**

Which portion of the facial would involve the physical removal of visibly clogged pores? - ANSWER- **Extraction**

Which layer of the skin protects from the environment? - ANSWER-
Horny layer

Which treatment for congestion involves the use of an electrode held by an esthetician and applied to the clients face? - ANSWER- **Direct high frequency**

Which facial feature would benefit from being contoured? - ANSWER-
Large nose

Which agents are often used in skin care products containing water in an effort to prevent growth of microbes and ensure efficacy of a product? - ANSWER- **Preservatives**

Which face shape is considered the most balanced and symmetric? - ANSWER- **Oval**

Which massage movement is intended to soothe muscles? - ANSWER-
Effleurage

At which point of the client consultation should the skin analysis be performed? - ANSWER- **While performing the professional skin evaluation**

Which of the following pieces of equipment is recommended to sterilize implements in the facial spa? - ANSWER- **Autoclave**

Cream masks are recommended for which of the following skin types? - ANSWER- **Dry skin**

Which of the following may be considered a possible contraindication for chemical peels? - ANSWER- **Retinoid users**

By highlighting the cheekbone, the area will appear - ANSWER- **Emphasized**

Which of the following protects the skin from water loss? - ANSWER- **Acid mantle**

Fungal infections are destroyed by which of the following preventative procedures in the facial areas? - ANSWER- **Disinfecting**

and blue.

Which of the following is an example of sensitive, dilated skin that can benefit from soothing treatments? - ANSWER- **Rosacea**

Which of the following is a common fungal infection on the hands and feet? - ANSWER- **Tinea**

Which of the following is the appropriate sequence of events in the first aid procedure for bleeding wounds? - ANSWER- **Cover wound, apply pressure, elevate injured limb, apply bandage**

Which piece of electrical equipment uses a warm, humid mist to expand the pores? - ANSWER- **Facial steamer**

Which of the following is a Hypertrophy of thickened skin cells? - ANSWER- **Keratosis**

Which function of the skin protects the body by sending messages to the brain? - ANSWER- **Sensation**

Which of the following masks is used to absorb excess oil on the skin? - ANSWER- **Clay**

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What type of muscle is responsible for one organ only and functions involuntarily? - ANSWER- **Cardiac**

Which of the following is the recommended protocol in the proper hand washing technique? - ANSWER- **Using a paper towel, turn on the warm water and lather and scrub hands with liquid antibacterial soap for 15 seconds.**

Which of the following skin care products attracts moisture to the skin? - ANSWER- **Humectants**