

## NUR 2356 Multidimensional Care I

### MDC 1 Exam 2

1. What is important to communicate to the patient with weakness?
  - **Keep good base of support.**
2. T/F: Using ROM helps the patient maintain muscle tone and strength.
  - **True**
3. A patient bends the knees while performing exercise with physical therapy. What motion is that?
  - **Flexion**
4. T/F: Having a sedentary life doesn't affect us.
  - **False**
5. T/F: Osteoarthritis is known by having crepitus (popping/grating sounds; creaking joints) which are due to lose of bone particles.
  - **True**
6. T/F: Immobility has significant consequences in our overall health.
  - **True**
7. Immobility can cause what type of musculoskeletal damage?
  - **Foot drop (drop foot; difficulty lifting the front of the foot; the front of the foot may drag when patient is walking)**