

NURS 629 EXAM 3

Risk factors related to elevated cholesterol?

Correct answer- · Obesity

- Diabetes
- Hypertension
- Family history:
 - o Coronary heart disease prior to age 55
 - o Hyperlipidemia
 - o Diabetes

Most common cyanotic cardiac lesion (disorder)

Correct answer- Tetralogy of Fallot

What is Tetralogy of Fallot?

Correct answer- a congenital heart condition involving four abnormalities occurring together:

- 1) Pulmonary valve stenosis
- 2) RT vent hypertrophy
- 3) Vent septum Defect
- 4) Aorta overrides Vent Septum

What would be seen on X-ray with TOF

Correct answer- Boot shaped heart and Rt vent hypertrophy

What are the common s/s of tetralogy of Fallot?

Correct answer- *Cyanosis (hypoxia)

- *SOB w/exercise
- *clubbing fingers and toes
- *delayed growth
- *systolic and holosystolic murmurs

What criteria would you have to consider inpatient admission in a patient with pneumonia

Correct answer- Comorbidities: lung dz, congenital Heart dz, DM, grunting child, O₂ <92%

What to expect of a 2-mo old visual acuity?

Correct answer- *Vision of 20/400

*Can fix and follow objects

S/S of viral conjunctivitis

Correct answer- *Starts bilaterally

*usually occurs with upper resp tract infection (adenovirus)

*serous(watery) drainage

*injected conjunctiva

*Enlarged or tender preauricular nodes

Clinical findings of of viral conjunctivitis

Correct answer- *Normal visual acuity

*injected conjunctiva

*Preauricular lymphadenopathy

Treatment of viral conjunctivitis

Correct answer- * Symptomatic only

* Warm or Cool compresses

* Strict eye/hand hygiene

* avoid contacts for a while

What do you do for a patient with an elevated B/P on initial visit?

Correct answer- *Repeat in 1-2 weeks and average over 3 visits

*Pt to keep log for review

*Encourage healthy lifestyle choices

Asthma is disruptive several times during the night/interrupting sleep at least 3 times a week, what's the next step?

Correct answer- Moderate persistent; prescribe inhaled steroid (flovent)

Causative organism of bronchiolitis

Correct answer- (RSV) Respiratory syncytial virus most likely cause

what type of murmur is caused by normal blood flow thru normal cardiac structures in up to 80% children; Midsystolic; can come and go; Gets louder with fever, exercise, and anxiety

Correct answer- functional or innocent murmur

When do innocent murmurs develop?

Correct answer- (book p 763) age 3-4; (module 10 lect) age 2-6

type of murmur caused by turbulent blood flow caused by a defect or abnormal cardiac structures; Dystolic; Grade \geq IV; increases with sitting or standing

Correct answer- pathological murmur

symptoms of croup

Correct answer- · Barking cough

· Fever

· URI symptoms