

## PEDIATRICS - HESI PRACTICE EXAM

The nurse is giving preoperative instructions to a 14-year old female client who is scheduled for surgery to correct a spinal curvature. Which statement by the client best demonstrates that learning has taken place? Correct answer- D. I understand that I will be in a body cast and I will show you how you taught me to turn.

To take the vital signs of a 4-month old child, which order will give the most accurate results? Correct answer- A. Respiratory rate, heart rate, then rectal temperature

During routine screening at a school clinic, an otoscope examination of a child's ear reveals a tympanic membrane that is pearly gray, slightly bulging, and not movable. What action should the nurse take next? Correct answer- B. Ask the child if he/she has had a cold, runny nose, or any ear pain lately.

Which restraint should be used for a toddler after a cleft palate repair? Correct answer- C. elbow restraints

What preoperative nursing intervention should be included in the plan of care for an infant with pyloric stenosis? Correct answer- D. observe for projectile vomiting.

A six-month-old returns from surgery with elbow restraints in place. What nursing care should be included when caring for any restrained child? Correct answer- B. remove restraints one at a time and provide range of motion exercises

A 2-year old child with Down syndrome is brought to the clinic for his regular physical examination. The nurse knows which problem is frequently associated with Down syndrome? Correct answer- A. congenital heart disease

When assessing a child with asthma, the nurse should expect intercostal retractions during Correct answer- A. inspiration

When planning the care for a child who has had a cleft lip repair, the nurse knows that crying should be minimized because it Correct answer- D. stresses the suture line

A full-term infant is admitted to the newborn nursery. After careful assessment, the nurse suspects that the infant may have an esophageal atresia. Which symptoms is this newborn likely to have exhibited? Correct answer- A. choking, coughing, and cyanosis

Which behavior would the nurse expect a two-year-old child to exhibit? Correct answer- C. display possessiveness of toys

the mother of a preschool-aged client asks the nurse if it is all right to administer Pepto Bismal to her son when he "has a tummy ache." After reminding the mother to check the label of all OTC drugs for the presence of aspirin, which instruction should the nurse include when replying to this mother's question? Correct answer- B. do not give if the child has chickenpox, the flu, or any other viral illness.

The nurse observes a 4-year old boy in a daycare setting. Which behavior should the nurse consider normal for this client? Correct answer- C. demonstrates aggressiveness by boasting when telling a story

A burned child is brought to the emergency room. In estimating the percentage of the body burned, the nurse uses a modified "Rule of Nines." Which part of a child's body is calculated as a larger percentage of total body surface than an adult? Correct answer- A. head and neck

The nurse receives a lab report stating a child with asthma has a theophylline level of 15 mcg/dl. What action will the nurse take? Correct answer- A. pass the information on in the report

A 12-month old boy is admitted with a respiratory infection and possible pneumonia. He is placed in a mist tent with oxygen. Which nursing intervention has the greatest priority for this infant? Correct answer- C. have a bulb syringe readily available to remove secretions

All of the following interventions can be used to evaluate the effectiveness of nursing and medical interventions used to treat diarrhea. Which intervention is least useful in the nurse's evaluation of a 20-month-old child. Correct answer- B. assessing fontanels

A 5-month-old is admitted to the hospital with vomiting and diarrhea. The pediatrician prescribed dextrose 5% and 0.25% normal saline with 2 mEq KCl/100 mL to be infused at 25mL/hr. Prior to initiating the infusion, the nurse should obtain which assessment finding? Correct answer- B. serum BUN and creatinine levels

The nurse is assigning care for a 4-year old child with otitis media and is concerned about the child's increasing temperature over the past 24 hours. When planning care for this child, it is important for the nurse to consider that: Correct answer- B. a tympanic measurement of temperature will provide the most accurate reading

The nurse is assessing an 8-month old child who has a medical diagnosis of Tetralogy of Fallot. Which symptom is this client most likely to exhibit? Correct answer- D. clubbed fingers

As part of the physical assessment of children, the nurse observes and palpates the fontanels. Which child's fontanel finding should be reported to the healthcare provider? Correct answer- A. A 5-month old with failure to thrive that has a closed anterior fontanel