

Relias Learning Nursing Test(Questions And Answers)2022

Which of the following makes it more likely that treatment attendance continues, that the treatment plan is adhered to, and that clinical commitments are followed through?

- a) Having the client in control of their own recovery
- b) Having the therapist in control of the client's recovery
- c) Having the family in control of the client's recovery
- d) Letting the recovery process take place naturally - Answer a) Having the client in control of their own recovery

_____ is supported by addressing trauma.

- a) Restitution
- b) Loss
- c) Deterioration
- d) Recovery - Answer d) Recovery

All of the following are guiding principles of the Seeking Safety model. EXCEPT:

- a) Integrated Treatment for both trauma & substance use
- b) A focus on ideals
- c) Attending a 12-step program
- d) Attention to clinician processes - Answer c) Attending a 12-step program

Providing trauma-informed care is an approach that can be incorporated into:

- _____.
- a) Any clinical practice regardless of the methodologies being used
 - b) Cognitive Behavioral Therapy
 - c) Cognitive Processing Therapy
 - d) ATRIUM - Answer a) Any clinical practice regardless of the methodologies being used

Intrusion and re-experiencing symptoms of PTSD include _____.

- a) Avoidance of distressing trauma reminders
- b) Distressing memories, dreams, or flashbacks surrounding the trauma
- c) Restricted affect and distorted cognitions
- d) Hypervigilance and exaggerated startle reactions - Answer b) Distressing memories, dreams, or flashbacks surrounding the trauma

Inability to remember certain aspects of the trauma, presenting with a restricted affect, and exhibiting distorted cognitions are aspects of which PTSD symptom cluster?

- a) Avoidance of distressing trauma reminders
- b) Intrusion symptoms
- c) Negative alterations in cognitions and mood
- d) Arousal and reactivity - Answer c) Negative alterations in cognitions and mood

When is it most important that the person served feels that the environment is a safe place where they can discuss details of their trauma?