

Shadow Health Musculoskeletal Tina Jones

chief complaint

(Ans-

-reports low back pain

-describes injury as a "tweak to back"

onset of pain

(Ans-

-original injury occurred 3 days ago

-sudden onset

-happened when lifting heavy box

location of pain

(Ans-

-located in low back and butt

-does not radiate or migrate

-denies neck pain

-denies pain between shoulder blades

-reports pain is same on both sides of back

frequency and duration of pain

(Ans-

-pain lasted 3 days

-constant pain

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severity of pain

(Ans-

-current pain "pretty bad"

-original injury as 6 or 7/10

-current pain 5/10

character of pain

(Ans-

-pain at the onset was sharp

-aching pain

-denies burning pain

-back is sore to touch

-pain accompanied by stiffness

aggravating factors

(Ans-

-feels least comfortable when sitting

-some pain with movement such as walking or bending

relieving factors

(Ans-

-slight pain relief with rest

-feels most comfortable when lying flat on back

-denies heat or ice

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