

VIJAY RAO IHUMAN CASE STUDY WITH SOLUTIONS

Name: Vijay Rao

Age: 60 y/o

Sex: M

Height: 74"

Weight: 204 lb

BMI: 26.1

Cognitive status: A and O x 4

Temp: 36.8 °C (98.2 °F) (oral)

Pulse: 110 bpm, rhythm: regular, strength: normal

BP: left: 120/68, right: 120/68, assessment: normotensive, pulse pressure: normal

Orthostatic BP: 104/62 mmHg upon standing

Respiration: 18 bpm, rhythm: regular, effort: unlabored

SpO₂: 96%



learnexams

VIJAY RAO IHUMAN CASE STUDY

WITH SOLUTIONS

History Feedback

Below you will see the strategy for selecting the "required" questions in this patient encounter using the OLD-CARTS mnemonic for the HPI.

Reason for Encounter

Start with open-ended patient-centric questions.
 ● Asked ✗ Not asked

Graded	Approach	Question	Response	Information Obtained <i>Clinic Notes</i>
●	CC Sx	How can I help you today?	I'm having really bad belly pain. Can't take it anymore so I came in.	
●	Assoc Sx	Do you ever feel/have a problem with lightheadedness?	Yes, I do sometimes, a bit now in fact.	
✗	Assoc Sx	Is there any blood in your stools or with your bowel movement?	I haven't seen anything red like blood.	
●	Assoc Sx	Have you gained or lost weight unintentionally, despite normal appetite and exercise?	I have lost some weight recently... like over the past few months. I'm not one to exercise, but I have been doing more stuff with my buddies lately. I just don't have much of an appetite, so I guess that's not totally normal. Some days I just don't feel much like eating much. That's probably why I've lost some weight lately.	
●	Assoc Sx	Do you have any other symptoms or concerns we should discuss?	Yeah, I've been feeling really tired. And if that's not enough, my heartburn also has been worse than usual.	

OLD-CARTS for the HPI

● Asked ✗ Not asked

Graded	Approach	Question	Response	Information Obtained <i>Clinic Notes</i>
●	Onset	When did you first notice the bright red blood or black stool?	Within the last 3 weeks ... I had black stool. They were really stinky and did look like tar. I only had that happen twice within the last 3 weeks.	
●	Onset	When did your abdominal pain start?	A couple of months ago consistently. But now that I think about it, I had some belly pain even before I retired 2 months ago, like maybe 6 or 8 months ago. I guess I was a little stressed about how my life would change after retiring. At any rate, that pain was intermittent and really mild in comparison.	
●	Location	Where more precisely is your abdominal pain?	Right here (points to epigastric area).	
●	Location	Does the pain in your abdomen radiate someplace else? Where?	Sometimes it feels like it's going through to my back, but mostly it is just here in my stomach.	
●	Duration	How long does the pain in your abdomen last?	I haven't really kept exact track, and I guess it varies a bit. All I can say is it goes on for too long as far as I'm concerned.	
●	Characteristics	Does your pain awaken you from sleep?	Over the last week, it actually has awakened me at night. It's been that bad. It's more likely to happen when I was stupid enough to have some beer before going to bed.	