

## YMCA CPR Exams II & III, 2022

**(Answered)**

You are a newly trained first aid provider responding at work to a report of someone who has collapsed. Which of the following best describes your role in a medical emergency?

- You are trained to recognize, assess, and prioritize the need for first aid care.

You are finishing up a job in the shop area at work when you hear a series of loud thumps and then someone yelling out. You cautiously move around a corner to take a better look and see a coworker sprawled on the ground at the bottom of a flight of stairs. She is groaning and appears to be in pain. Some blood is visible on her forehead. What leads you to believe she might be seriously injured?

- The suspected mechanism of injury.

Smoke is coming out of a utility room where you know a coworker has been working. What should you do?

- Pause and assess for hazards before entering the room.

You are a trained first aid provider and you encounter a motor vehicle accident scene while driving to work. Two cars are involved, and it looks like people are injured. You think about stopping but you hesitate because it all seems so overwhelming to handle. What should you do?

- Stop and help to the best of your ability. EMS should arrive shortly and take over care.

You are attempting to control bleeding on a coworker who has cut himself while using a hand tool on a job site. How should you best address the possibility of being exposed to an infectious bloodborne disease?

- Wear protective barriers such as gloves, regardless of your relationship with the person you are helping.

What is the basic purpose of Good Samaritan laws?

- To encourage bystanders to help those in need by protecting anyone who volunteers assistance.

What is NOT considered a part of a community-wide emergency medical services (EMS) system?

- Emergency action plan for a workplace.

You have responded to an employee fall in the manufacturing plant where you work. Your assessment makes you suspect the responsive employee may have injured his back. He has fallen into an aisle way that sometimes has forklift traffic. How should you address that?

- ... its not this answer [ Place the person on a blanket and drag him to the side of the aisle. ]

You respond to a report of a coworker collapsing in the lunch room. When you arrive she is lying on the floor not moving. Other employees are looking to you to take charge. You find her to be unresponsive so you direct others to activate EMS and get the company's AED. During your breathing assessment, you determine she is breathing normally. What is your next step?

- Place her in the recovery position to protect her airway.

Why is angling the body and face towards the ground important when placing a person in the recovery position?

- It helps keep fluids and the tongue clear from the air way.

You are eating lunch in the cafeteria at work when another employee at a nearby table stands up suddenly and grasps his hands to his throat. You go to help and ask him if he is choking. How can you tell if the obstruction is severe and requires your help?

- it is not this answer [ He is coughing forcibly to try and get the object out. ]

It is safe for you to help someone who has been injured by a cutting machine. She is responsive, so you introduce yourself and ask if you can help. She agrees and you assess she has no difficulty breathing. A quick scan for bleeding reveals a heavily bleeding wound on her left upper leg. What is your next action?

- Control the bleeding for the injury on her leg.

You have responded as a first aid provider to a coworker who has accidentally cut himself on his forearm. He is responsive and safe to approach. He has his hand