

ATI Capstone Fundamentals Proctored Exam

a nurse is completing a nutritional assessment on a client and measures BMI, which of the following readings correlates with a BMI of an overweight client?

Correct Answer:

25

(25-29.9)

a nurse is verifying ng tube placement by the pH of aspirated gastric fluid. which of the following pH values provides a good indication of correct tube placement?

Correct Answer:

2

(pH between 0-4)

learnexams

a nurse is providing teaching about the Mediterranean diet to a client newly who has a new diagnosis of hypertension. what statement indicates need for further teaching?

Correct Answer:

i will limit my intake of red meat to 2x weekly

(should be limited to 2x monthly)

a nurse is caring for a client with a closed head injury. when pressure is applied to the client's nail beds, the clients eyes open and adduction of the arms with flexion of the elbows and wrists is noted. the client also moans with stimulation, what is the GCS?

Correct Answer:

7

eye opening 1-4

verbal 1-5

motor 1-6

a nurse should teach which of the following clients requiring crutches about how to use a three-point gait?

Correct Answer:

a client who has a R femur fracture with no weight bearing on the affected leg

(bears all weight on one foot, then both shoulders on crutches, and uninvolved leg, the affected leg does not touch the ground)

a nurse is providing dietary education to a client with cholecystitis who has been prescribed a low-fat diet. which of the following meal selections by the client indicates understanding of education?

Correct Answer:

roast turkey, rice pilaf, green beans

a client with cystocele is encouraged to exercise to strengthen pelvic floor muscles and prevent pelvic organ prolapse. What exercise will the client need to perform?

Correct Answer:

Kegel's

(reduce pelvic prolapse and stress urinary incontinence)

a nurse is caring for an older adult client with delirium. which intervention will most likely reduce the client's risk for falls?

Correct Answer:

hourly rounding by the nurse

a nurse is caring for a client who has been prescribed furosemide. which of the following foods should the nurse encourage this to include in his diet?

Correct Answer:

oranges

(along with dried fruits, tomatoes, avocados, dried peas, meats, broccoli, bananas are good for a potassium wasting diuretic)

a nurse is caring for several clients prescribed heat/cold therapies. which of the following clients are at risk of injury from these therapies? SATA

Correct Answer:

use caution with clients who are very young, older adult, fair skinned, impaired cognition, and comorbidities --> higher risk for fragile skin