

## ATI Capstone Obstetrics Exam

a nurse is caring for a pt who is postoperative following a mastectomy, the pt expresses concern about losing her femininity and fears that she will no longer be attractive to her partner, what is a therapeutic response by the nurse

**Correct Answer:**

clarify the pt's concerns about her body image

a nurse is providing education about prenatal nutrition with a pt who is at 13 weeks of gestation and has a BMI of 22, what information should the nurse include

**Correct Answer:**

consume about 71g of protein each day during pregnancy

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a nurse is providing teaching to a pt who is experiencing hot flashes and has a new prescription for hormone therapy with conjugated equine estrogen, what information should the nurse include in the teaching

**Correct Answer:**

estrogen decreases the risk for osteoporosis

estrogen use and smoking increases the risk for TBE

estrogen therapy can cause break-through vaginal bleeding

a nurse is providing teaching to a pt who has fibrocystic breast changes and is experiencing breast discomfort during menstruation, what instructions should the nurse include

**Correct Answer:**

decrease daily intake of caffeine

a nurse is assessing a newborn and observes a bluish tinged area on the buttocks, the nurse should document as

**Correct Answer:**

mongolian spots

a nurse is caring for a pt who is in the third stage of labor, what actions should the nurse take

**Correct Answer:**

clean the pt's perineum with warm water

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a nurse is caring for a pt who has a prescription for ibuprofen for postpartum cramping, what question should the nurse ask prior to admin

**Correct Answer:**

are you taking OTC meds

do you have a history of gastric problems

are you being treated for high BP

a nurse is assessing a newborn who is 10hr old, what clinical findings should the nurse report to the provider

**Correct Answer:**

nasal flaring

a nurse is caring for a pt who is scheduled for a hysterosalpingography (HSG), what statement by the pt indicates a contraindication to the procedure

**Correct Answer:**

i am taking medicine for a vaginal infection

a nurse is assessing a pt who is at 31 weeks of gestation and is receiving magnesium sulfate via continuous IV infusion for preterm labor, what finding should the nurse report

**Correct Answer:**

respiratory rate 11/min

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a nurse is caring for a postpartum pt who has DVT and is receiving heparin therapy via subcutaneous injections, what action should the nurse take

**Correct Answer:**

administer the injection in the pt's abdomen

a nurse is caring for a pt who is in the transition phase of labor, what action should the nurse take

**Correct Answer:**

encourage the pt to use a rapid pant-blow breathing pattern