

ATI Mental Health Online Practice 2019

A, B, C with NGN

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ATI Mental Health Online Practice 2019 A

with NGN

1. A nurse is caring for a group of patients. For which of the following situations should the nurse complete an incident report?: A client was administered one-half of the prescribed dose of medication

Rationale: An incident report is a recording of any occurrence that does not meet the standard of care. The nurse should report medication errors using the facility's incident or occurrence form.

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2. A nurse is caring for a group of patients. Which of the following findings is the nurse required to report?: A client who has borderline personality disorder threatened to harm their roommate

Rationale: Signs and symptoms of BPD include interpersonal relationships accompanied by threats and other-directed violence. While it is important for the nurse to maintain the patient's confidentiality, when another individual might be in danger, the nurse is required by law to report it to authorities.

3. A nurse is caring for a patient who has borderline personality disorder. Which of the following goals is the priority when planning care for this patient?

- a. The patient will take the prescribed medications as scheduled**
- b. The patient will express feelings of frustration**
- c. The patient will refrain from self-mutilation**
- d. The patient will participate in group therapy: c. The client will refrain from self-mutilation**

Rationale: The greatest risk to the patient is injury to self and others. Therefore, the priority goal is for the patient to refrain from self-mutilation

- a. Taking prescribed medications as scheduled to maintain therapeutic blood levels is an important goal. However, this is not the priority goal
- b. Expressing feelings of frustration to acknowledge these feelings is an important goal. However, this is not the priority goal
- c. Participating in group therapy as part of the treatment plan is an important goal. However, this is not the priority goal

4. A nurse is discussing the home care of a patient who has advanced Alzheimer's disease. The patient's caregiver is planning to go out of town for several days. Which of the following resources should the nurse recommend to the caregiver?

- a. Respite care**

- b. Partial hospitalization**
- c. Adult day care program**
- d. Geropsychiatric unit: a. Respite care**

Rationale: Respite care programs allow the patient to stay in a nursing facility for a set number of days, allowing the caregivers to go on vacation or have some time to themselves

- b. Partial hospitalization provides services for several hours during the day, but they are not designed to offer 24-hr care. A patient with advanced Alzheimer's disease is unable to safely remain at home unattended
- c. Adult day care programs can provide services throughout the day to patient's with Alzheimer's disease, allowing the caregiver the ability to work or have a break. The patient's return home in the evening. A patient who has advanced Alzheimer's disease is unable to safely remain at home unattended.
- d. A geropsychiatric unit provides care for patients requiring acute psychiatric services due to sudden mental status changes, psychosis, or other mental health services. These services are ideal for patients who are at risk of harming themselves or others

5. A nurse is caring for an older adult patient who has dementia and has wandered into the day room looking for their deceased partner. Which of the following actions should the nurse take?

- a. Move the patient to a room near the nurses' station**
- b. Limit visitors until the patient is oriented to the environment**