

**PN ADULT MEDICAL SURGICAL ONLINE PRACTICE  
2019 EXAM ALL 180 QUESTIONS AND CORRECT  
DETAILED ANSWERS WITH RATIONALES|ALREADY  
GRADED A+**

A nurse is participating in a health fair for older adult clients. Which of the following vaccines should the nurse recommend for this age group? -  
ANSWER- Herpes zoster

Rationale:

The nurse should recommend the herpes zoster vaccine for adults who are 60 years of age and older.

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The nurse should recommend the meningococcal vaccine to college students and military recruits who are living in shared housing.

The nurse should recommend the HPV vaccine for clients who are 9 to 26 years of age.

The nurse should recommend the MMR vaccine to clients who are 62 years of age.

A nurse is reviewing the laboratory results of a client who is scheduled for a CT scan with an IV contrast agent. Which of the following laboratory findings should the nurse report to the provider prior to the procedures? - ANSWER- Creatinine 1.9 mg/dL

Rationale:

Creatinine 1.9 mg/dL is not within the expected reference range. Therefore, the nurse should report the finding to the provider before the client has a CT scan with an IV contrast agent. This finding places the client at risk for developing contrast-induced nephropathy.

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Expected ranges:

Calcium (ca) 9 - 10.5 mg/dL

Sodium (Na) 136 - 145 mEq/L

Potassium (K) 3.5 - 5 mEq/L

A nurse is reinforcing teaching about home care with a client who had knee arthroplasty. Which of the following factors should the nurse identify as an indication that a barrier to learning might be present? - ANSWER- The client stops the nurse and asks for pain medication

Rationale:

The nurse should identify that a client who is in pain will not be able to concentrate, which can interfere with their ability to learn.

A nurse is caring for a client who has a acute ischemic stroke 1 day ago. Which of the following actions should the nurse take to reduce the risk for aspirations? - ANSWER- Allow for 30 min of rest before meals.

Rationale:

The nurse should allow the client to rest for 30 min before meals to prevent aspiration.

A nurse is contributing to the plan of care for a client who has multiple sclerosis and is taking dantrolene to manage muscle spasms. Which of the following interventions should the nurse include? - ANSWER- Encourage the client to complete ADLs.

Rationale:

The nurse should encourage the client to complete ADLs and provide assistance as needed. Performing self-care increases the client's independence, strength, and level of functioning.

A nurse is reinforcing about joint protection with a clietn who has an acute exacerbation of rheumatoid arthritis. Which of the following information should the nurse include in the teaching? - ANSWER- Apply cold packs to the inflamed joints

Rationale: The nurse should instruct the client to use both warm and cold packs on inflamed joints to decrease pain.

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The nurse should instruct the client to participate in low-impact aerobic exercises, which will not inflame the client's joints.

The nurse should instruct the client to carry a shoulder bag, which places the stress on larger muscles.

The nurse should instruct the client to sleep on a firm mattress to support their joints.

A nurse is caring for a client who is scheduled for surgery and is experiencing anxiety. Which of the following interventions should the nurse identify as the priority? - ANSWER- Determine the client's understanding of the procedure.

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Rationale: When using the nursing process, the first action the nurse should take is to collect data from the client. Therefore, the nurse should determine the client's understanding of the procedure to reinforce necessary teaching, which can help manage their anxiety.

A nurse is caring for a client who reports stomatitis. Which of the following dietary recommendations should the nurse make? - ANSWER- Eat soft foods.

Rationale:

The nurse should instruct a client who has stomatitis to eat soft, nonirritating foods to decrease irritation to the oral mucosa.